

Registration number NI027011
Charity Number: NIC101096

Aisling Centre Company Limited
Company limited by guarantee

Directors' report and financial statements
for the year ended 31 March 2019

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Aisling Centre Company Limited
Company limited by guarantee

Contents

Page

Directors' report

1-5

Auditors' report

6-9

Statement of Financial Activities

10

Statement of Financial Position

11

Notes to the financial statements

12-19

Aisling Centre Company Limited
Company limited by guarantee

Directors' report
for the year ended 31 March 2019

The Directors are pleased to present their annual report and the financial statements of the charity for the year ended 31st March 2019.

Reference and administrative details

<u>Charity Number</u>	NIC101096 The charity is constituted as a company limited by guarantee as per the Memorandum of Association
<u>Registered Number</u>	NI027011
<u>Registered Office</u>	37 Darling Street Enniskillen Co. Fermanagh BT74 7DP
<u>Auditors</u>	MacNeary, Rasdale & Co. Ltd Wellington House 30 Darling Street Enniskillen Co. Fermanagh
<u>Bankers</u>	First Trust Bank 2-4 East Bridge Street Enniskillen Co. Fermanagh
<u>Directors & Senior Staff members</u>	

The directors of the charitable company (the charity) are its trustees for the purpose of charities and throughout this report are collectively referred to as the Directors.

The directors serving during the year and since the year end were as follows:

<i>Directors</i>	Dr Ann McDermott (Chairperson) Ms Alison Annan (Vice-Chairperson) Sr Mary Delacy (Secretary) Mr Neville Armstrong (Treasurer) Mr Patrick Cassidy Sr Edel Bannon Mr Iain Kennedy Ms Roberta Hamilton Dr Aideen McGinley Mr Marshall Coalter
<i>Company Secretary</i>	Sr Mary Delacy
<i>Senior Staff Members</i>	Ms Bridie Sweeney (Centre Co-ordinator) Mr John Bennett (Clinical Co-ordinator)

Aisling Centre Company Limited
Company limited by guarantee

Directors' report
for the year ended 31 March 2019

Structure, Governance and Management

Governing Document

Aisling Centre Co Ltd was incorporated as a Company Limited by Guarantee in 1992 with a registration number of NI 027011.

The Articles of Association (governing document of the Aisling Centre) were updated in May 2014. The revised document was sent to the Charities Commission for NI and consent to amend received on 10th July 2014. They were also sent to the Companies House for approval in September 2014.

The Aisling Centre was approved for registration as a charity with the Charity Commission for NI on 4th February 2015, with a registration number of NIC 101096.

The Aisling Centre objects are - to promote good mental health and emotional well-being in Northern Ireland, and in particular for the people of Co Fermanagh and the surrounding area, through the provision of a professional counselling and psychotherapy service, support groups/services, complimentary therapies, befriending, education and social programmes/groups/networks and advice and information.

Appointment of directors

The number of Directors shall be not less than five or more than twelve.

Quorum for meetings is one half of all members entitle to vote upon the business to be transacted

One third (or the number nearest one third) of the Directors must retire at each AGM, those longest in office retiring first. A retiring Director shall be eligible for re-election.

Membership is open to other persons (aged 18+) who are invited to become members of the Charity by the Directors and apply to the Charity in the form required by the Directors.

There is no minimum/maximum length of time for Directors to serve on the Board but there are limitations on post holders - Chairperson, Vice-chairperson and Secretary - who may serve no more than two consecutive three-year terms. The AGM will be held on 27 November 2019.

Directors' induction and training

New Board members receive induction training. A policy is in place covering training for Directors.

Organisation

The Board of Directors normally meets bi-monthly and holds a minimum of 6 meetings per year one of which is an AGM.

The key role of the Directors is to work collectively to set the strategic direction for the organisation and ensure there is proper oversight of the company in all its business and act as trustees of the charity. The Directors are responsible for ensuring that the company is legally and fiscally compliant.

However, it is important to note that the role of the Directors is to ensure that proper oversight is in place rather than to try to be active in these areas directly. The Board can and does delegate authority to sub-committees, working groups, and employees but it always retains overall responsibility. It may also engage external advisors such as the company auditors to ensure compliance.



Aisling Centre Company Limited
Company limited by guarantee

Directors' report
for the year ended 31 March 2019

Organisation (continued)

The duties of the company directors are to;

- Set and protect the values and principles by which the Aisling Centre operates;
- Set the Strategic direction for the work of the Aisling Centre;
- Ensure that the Aisling Centre has the resources in place to carry out its work according to set plans/programmes and that the company structures and systems also facilitate this;
- Ensure that all key stakeholders have input that is appropriate to their relationship with the Aisling Centre;
- Ensure that human resource issues are dealt in line with legal and contractual obligations and that staff are adequately supported to carry out their work;
- Ensure that the organisation complies with all legal and other requirements related to its status as a charity and a company (including AGM; Annual Accounts and Annual Report);
- Work collectively for the good of the Aisling Centre as a team that respects difference and strives to find consensus.

Related parties

Company Directors - A number of directors made regular donations to the charity during the year. Details of these transactions are outlined further at note 15. There were no other transactions during the year between the charity and the directors.

The Sisters of Mercy - This organisation owns the premises from which the charity operates from. It is used by the charity for a nominal rent of £1 per annum on an on-going basis and in 2018/19 a grant of £6,500 was made towards salaries. Two Sisters, Sr Edel Bannon and Sr Mary Delacy sit on the board of directors.

Risk Management

- Risks to Directors, staff, clients and members of the public are covered by robust directors, employers and public liability insurances.
- Risk to children or adults at risk of harm are mitigated by the carrying out of appropriate ACCESS NI checks for all staff and volunteers. This is supported by regular updates of safeguarding training.

As a not-for-profit organisation very dependent on external funding and community support, financial sustainability is an on-going challenge. Directors are ever aware of their governance responsibilities and a reserve fund is maintained so that in the unlikely event that the charity had to close the Directors would be in a position to honour redundancy payments and other legal and moral obligations.

Risks of misappropriation of funds are managed through financial policies and procedures including a fraud policy and the annual external audit of accounts.

Risk management policies and procedures are in place and are reviewed regularly.

Aisling Centre Company Limited
Company limited by guarantee

Directors' report
for the year ended 31 March 2019

Objectives and activities

Vision/Dream – Positive mental health and emotional well-being for all

Mission – To provide opportunities for hope, healing and growth in a welcoming and supportive environment.

Commitment – Striving to meet professional and ethical service standard and adopting an evidence-based approach within a robust outcome measurement framework.

Principles/ Values – Confidential, respectful, empathic, supportive, non-judgemental and inclusive of all working collaboratively with others to achieve shared objectives sensitivity to current and emerging needs.

Current Well-Being and Life Learning Programmes and Services

- Counselling, Psychotherapy & Play Therapy
- Complimentary Therapies
- Mindfulness Meditation
- Support Groups
- Stress Management
- Personal Development
- Confidence Building
- Critical Incident De-briefing
- Education, Awareness Raising & Community Support

The centre also acts as a hub from which a range of statutory and community/voluntary provides offer a range of services and supports aimed at promoting positive mental health.

Achievements and Performance

Despite the impact of an increasingly challenging funding environment, the charity has managed to maintain a high level of service provision. Previous years funders have been secured for a further year, funding from VSS and Western Health and Social Care Trust has been secured until March 2020.

As always the fundraising sub-committee with the support of fellow Directors have delivered on a very successful fundraising strategy. Fundraising income this year is £30,626.

The financial statements show a net positive movement in funds of £2,253 for the year.

Financial Review

Overall the Directors feel that the Charity has performed adequately in the year. Despite the increasingly difficult funding climate, the Board of Directors have managed to maintain a sound financial basis. This has been achieved through a very proactive and focused approach in the implementation of a successful fundraising strategy, continuous review of over-heads and the introduction of cost saving measures. The Directors have also been able to ensure that core funding has been retained into the coming year.

Aisling Centre Company Limited
Company limited by guarantee
Directors' report
for the year ended 31 March 2019

Future objectives of the charity

The Aisling Centre is, and always has been, dedicated to the promotion of positive mental health and emotional well-being. The Directors strive to ensure that the Centre continues to be well placed to deliver a professional and accountable service in this very challenging time of austerity.

Strategic Aims

1. To promote positive mental health and emotional well-being for adults, young people and children in Co Fermanagh and the surrounding area through the provision of a professional counselling and psychotherapy and play therapy service.
2. To provide a range of additional activities that will enhance and complement the counselling and psychotherapy work of the Centre and give additional value to clients;
3. To ensure that the Aisling Centre is an effective, accountable, transparent and organisation that meets the requirements of all stakeholders.

Tax Status

The company is a charitable organisation, and as all surpluses are intended for charitable purposes, no Corporation Tax liability arises.

Auditors

The auditors, MacNeary, Rasdale & Co. Ltd, have indicated their willingness to continue in office, and a resolution concerning their reappointment will be proposed at the Annual General Meeting.

Statement of Relevant Audit Information

In the case of each of the persons who are directors of the company at the date when this report was approved:

- (a) so far as each of the directors is aware, there is no relevant audit information (as defined in the Companies Act 2006) of which the company's auditors are unaware; and
- (b) each of the directors has taken all the steps that he ought to have taken as a director to make himself aware of any relevant audit information (as defined) and to establish that the company's auditors are aware of that information.

Directors' Responsibilities Statement

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

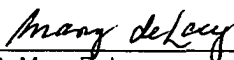
Company law requires the charity directors to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the directors are required to: -

- select suitable accounting policies and then apply them consistently;
 - observe the methods and principles in the applicable Charities SORP;
 - make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the board of directors


Sr Mary Delacy
Secretary 27 November 2019

Aisling Centre Company Limited
Company limited by guarantee

Independent Auditors' Report to the Members of Aisling Centre Company Limited
for the year ended 31 March 2019

Opinion

We have audited the financial statements of Aisling Centre Company Limited for the year ended 31 March 2019 which comprise statement of financial activities (including income and expenditure account), statement of financial position and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the company's affairs as at 31st March 2019;
- Have been properly prepared in accordance with the United Kingdom General Accepted Accounting Practice;
- Have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standard on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent in accordance with the ethical requirements that are relevant to our audit of the financial statement in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- The directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- The directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The directors are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Aisling Centre Company Limited
Company limited by guarantee

Independent Auditors' Report to the Members of Aisling Centre Company Limited
for the year ended 31 March 2019

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to

be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The directors' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 require us to report to you if, in our opinion:

- Adequate accounting records have not been kept by the company, or returns adequate for our audit have not been received by us; or
- The company financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of directors' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit.

Responsibilities of directors

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Aisling Centre Company Limited
Company limited by guarantee

Independent Auditors' Report to the Members of Aisling Centre Company Limited
for the year ended 31 March 2019

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be

expected to influence the economic decisions of users taken on the basis of these financial statements.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

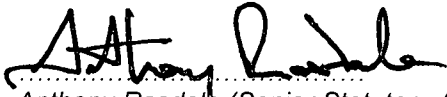
As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Obtain sufficient appropriate audit evidence regarding the financial information of the entity or business activities to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the audit. We remain solely responsible for our audit opinion.

Aisling Centre Company Limited
Company limited by guarantee

Independent Auditors' Report to the Members of Aisling Centre Company Limited
for the year ended 31 March 2019

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.


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Anthony Rasdale (Senior Statutory Auditor)

For and on behalf of
MacNeary, Rasdale & Co. Limited
Chartered Accountants & Statutory Auditor
Wellington House
30 Darling Street
Enniskillen
Co. Fermanagh

27 November 2019

**AISLING CENTRE COMPANY LIMITED
COMPANY LIMITED BY GUARANTEE**

**STATEMENT OF FINANCIAL ACTIVITIES (including Income & Expenditure account)
31 MARCH 2019**

		2019 Unrestricted Funds	2019 Restricted Funds	2019 Total Funds	2018 Total Funds
		£	£	£	£
	Note				
Income					
Donations and gifts	4(a)	30,626	-	30,626	37,962
Charitable activities	4(a)	178,333	110,947	289,280	297,675
Investment income	4(a)	<u>1,621</u>	<u>-</u>	<u>1,621</u>	<u>3,001</u>
Total income		210,580	110,947	321,527	338,638
Expenditure					
Expenditure on raising funds:					
Costs of raising donations		-	-	-	-
Expenditure on charitable Activities	5	<u>(201,048)</u>	<u>(118,226)</u>	<u>(319,274)</u>	<u>(348,572)</u>
Total Expenditure		(201,048)	(118,226)	(319,274)	(348,572)
Net income/(deficit)		<u>9,532</u>	<u>(7,279)</u>	<u>2,253</u>	<u>(9,934)</u>
Other recognised gains and losses					
Other gain/(losses)		-	-	-	-
Net movement in funds		9,532	(7,279)	2,253	(9,934)
Total funds brought forward		<u>131,318</u>	<u>122,133</u>	<u>253,451</u>	<u>263,385</u>
Total funds carried forward		<u>140,850</u>	<u>114,854</u>	<u>255,704</u>	<u>253,451</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

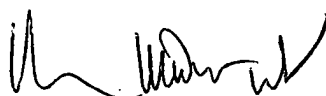
 The Aisling Centre Company Limited
Company Limited by Guarantee
Statement of Financial Position
As At 31 March 2019

	Notes	Unrestricted/ Total Funds 2019 £	Unrestricted/ Total Funds 2018 £
Fixed assets			
Tangible fixed assets	9	14,319	15,893
Current assets			
Debtors	10	26,592	31,626
Cash at bank and in hand		<u>261,445</u>	<u>210,223</u>
		288,037	241,859
Creditors: amounts falling due within one year	11	<u>(4,952)</u>	<u>(4,301)</u>
Net current assets		283,085	237,558
Total assets less current liabilities		297,404	253,451
Deferred income		<u>(41,700)</u>	<u>NIL</u>
Net assets		<u>255,704</u>	<u>253,451</u>
Funds of the charity			
Restricted funds		114,854	131,318
Unrestricted funds		<u>140,850</u>	<u>122,133</u>
Total charity funds	13	<u>255,704</u>	<u>263,385</u>

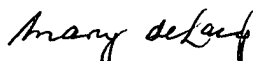
These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board on 30 October 2019 and signed on its behalf by:

Dr Anne McDermott (Chairperson)



Sr Mary Delacy (Secretary)



1. General information

The charity is a private company limited by guarantee, registered in Northern Ireland and a registered charity in Northern Ireland.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, "The Financial Reporting Standard applicable in the UK and the Republic of Ireland", the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP) (FRS 102).

3. Accounting Policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going Concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the directors to further any of the charity's purposes.

Restricted funds are subject to restrictions on their expenditure declared by the donor.

Incoming Resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- Expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Fixed assets are stated at cost less accumulated depreciation.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows: -

Property	-	2% straight line
Fixtures and Fittings	-	20% straight line
Plant and machinery	-	20% straight line

4(a). Analysis of income

	<u>Unrestricted Funds £</u>	<u>2019 Total £</u>	<u>2018 Total £</u>
<u>Analysis of voluntary income</u>			
Gifts, donations and fundraising	<u>30,626</u>	<u>30,626</u>	<u>37,962</u>
<u>Analysis of investment income</u>			
Bank and Building Society Deposit Interest	<u>1,621</u>	<u>1,621</u>	<u>3,001</u>
<u>Analysis of incoming resources from charitable activities (Unrestricted)</u>			
Room Hire	43,934	43,934	49,607
Counselling	91,060	91,060	109,399
Programme income	3,339	3,339	6,049
St. John of God	10,000	10,000	10,000
Public Health Agency	30,000	30,000	-
	<u>178,333</u>	<u>178,333</u>	<u>175,055</u>

The Aisling Centre Company Limited
Notes to the Accounts
For the year ended 31st March 2019

4(b). Analysis of grant income received

	Restricted Fund Income £	2019 Total £	2018 Total £
Analysis of incoming resources from restricted funds			
Sisters of Mercy Grant	6,500	6,500	5,750
Suicide Support Funding	2,200	2,200	2,750
FODC	1,289	1,289	-
NRA	4,000	4,000	4,000
PHA Grant	-	-	5,270
FODC/ PCSP Grants	-	-	6,500
BBC Children in Need Grant	24,450	24,450	23,671
Victims Survivor Service Fund Grant	72,508	72,508	74,679
	110,947	110,947	122,620

5(a). Analysis of resources expended

	Charitable Expenditure Governance		2018 Total
	£	2019 £	£
Analysis of resources expended for charitable activities all direct expenses			
Staff Costs & Counselling Fees	172,888	172,888	172,224
Course Expenses	187	187	2,652
Postage & Stationery	2,320	2,320	3,664
Counselling Expenses			
Light, Heat & Water Rates	4,765	4,765	5,320
Cleaning		0	417
Repairs & Maintenance	4,819	4,819	17,042
Insurance	1,448	1,448	2,156
Motor & Travel	1,794		2,388
Staff Training & Professional Development	440		3,709
Depreciation	1,573	1,573	1,573
Audit		1,920	1,800
Other Expenses	8,894	8,894	10,363
	199,128	1,920	223,308

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity, namely audit fees.

The Aisling Centre Company Limited
Notes to the Accounts
For the year ended 31st March 2019

5(b). Analysis of resources expending for grant purposes

	Resources for grant expended	2019 Total £	2018 Total £
Analysis of restricted grant expenses			
Salary contribution - Sisters of Mercy	6,500	6,500	5,750
Insurances	1289	1,289	-
BBC Children in Need	27,973	27,973	24,936
Victims Survivor Service Fund	75,046	75,046	76,065
NRA Expenses	4,000	4,000	4,000
FODC/Peace IV Grants	-	-	9560
Gannet Foundation	-	-	4,000
Suicide Support	3,418	3,418	2,741
	<u>118,226</u>	<u>118,226</u>	<u>127,052</u>

6. Net incoming resources for the year

	2019 £	2018 £
This is stated after charging:		
Auditors Remuneration	1,920	1,800
Depreciation	<u>1,573</u>	<u>1,573</u>

The Aisling Centre Company Limited
Notes to the Accounts
For the year ended 31st March 2019

7. Staff Costs

No employee received emoluments of more than £60,000.

The total staff costs of the company during the year are noted below. The staff costs disclosed in the account have been reduced as they have been partially funded by a number of grants.

	2019	2018
	£	£
Wages & Salaries	188,100	188,415
Employers Social Security Costs/ Pension	14,611	12,808
	<u>202,711</u>	<u>201,223</u>

Amounts of Staff Costs Funded by Grant Assistance

	2019	2018
	£	£
BBC Children In Need Grant	19,893	19,935
Victims Survivor Service Fund Grant	47,112	53,850
Sisters of Mercy Grant	6,500	5,750

8. Emoluments of Directors

No director or member received any remuneration from the company during the year (2018: £Nil).

The Aisling Centre Company Limited
Notes to the Accounts
For the year ended 31st March 2019

9. Tangible Fixed Assets

	Building Extension	Plant & Machinery	Fixtures & Fittings	Total
Cost:	£	£	£	£
At 31 March 2018	18,124	121,107	6,052	145,283
Additions	-	-	-	-
Disposals	-	-	-	-
At 31 March 2019	<u>18,124</u>	<u>121,107</u>	<u>6,052</u>	<u>145,283</u>

Accumulated Depreciation:

At 31 March 2018	3,622	121,107	4,662	129,391
Charge for year	362	-	1,211	1,573
At 31 March 2019	<u>3,984</u>	<u>121,107</u>	<u>5,873</u>	<u>130,964</u>

Net Book Value:

At 31 March 2019	<u>14,140</u>	<u>NIL</u>	<u>179</u>	<u>14,319</u>
At 31 March 2018	<u>14,502</u>	<u>NIL</u>	<u>1,391</u>	<u>15,893</u>

10. Debtors and Prepayments

	2019	2018
	£	£
Trade Debtors	23,531	28,660
Prepayments	3,061	2,966
	<u>26,592</u>	<u>31,626</u>

11. Creditors : Amounts falling due within one year

	2019	2018
	£	£
VISA	91	190
Bank overdraft	-	991
Accruals	4,861	3,120
	<u>4,952</u>	<u>4,301</u>
 Deferred Income	 <u>41,700</u>	 <u>NIL</u>

12. Provisions for liabilities and charges

There are no provisions for liabilities and charges in the current or previous year.

13. Total Funds of the Charity

There was no fund transfer between restricted and unrestricted funds within the year.

	2019	2018
	Total	Total
	Fund	
	£	£
Balance of unrestricted funds at 1 April 2018	131,318	138,608
Surplus allocated to general reserves	(9,532)	(7,290)
Balance of unrestricted funds at 31 March 2019	140,850	131,318
Balance of restricted funds at 1 April 2017	122,133	124,777
Surplus allocated to restricted reserve	(7,279)	(2,644)
Balance of restricted funds at 31 March 2018	114,854	122,133
Total funds both restricted and unrestricted at 31 March 2018	255,704	253,451

14. Cash Flow Statement

Under the provisions of Financial Reporting 102, the company is permitted to prepare annual accounts which exclude a Cash Flow Statement.

15. Related Party Transactions

The directors are related parties. Each of the directors has listed their pecuniary interests. The only transactions between the charity and the directors during the period, were donations made by Ann McDermott, Aideen McGinley and Roberta Hamilton to the charity. These directors have set up a standing order to make a monthly donation to the charity. Additionally, Bridie Sweeney, the centre co-ordinator also makes regular donations to the charity.

The Sisters of Mercy are also a related party. This organisation owns the premises from which the charity operates from. It is used by the charity for a nominal rent of £1 per annum. Two sisters from the Sisters of Mercy, Sr. Edel Bannon and Sr. Mary Delacy are directors of the Aisling Centre. Additionally, a Sister of Mercy Grant towards salary costs was awarded in the year in the sum of £6,500.

16. Limited by guarantee

Aisling Centre Company Limited is a company limited by guarantee and accordingly, does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.