

# **MINDFUL HR SOLUTIONS LIMITED**

**Company Registration Number:  
10628735 (England and Wales)**

**Unaudited statutory accounts for the year ended 31 March 2018**

**Period of accounts**

**Start date: 01 April 2017**

**End date: 31 March 2018**

# **MINDFUL HR SOLUTIONS LIMITED**

## **Contents of the Financial Statements**

**for the Period Ended 31 March 2018**

**Company Information - 3**

**Balance sheet - 4**

**Additional notes - 6**

**Balance sheet notes - 7**

# **MINDFUL HR SOLUTIONS LIMITED**

## **Company Information**

**for the Period Ended 31 March 2018**

<b>Director:</b>	P Budhwar
<b>Secretary:</b>	L Budhwar
<b>Registered office:</b>	10a Bracebridge Road Sutton Coldfield GBR B74 2QL
<b>Company Registration Number:</b>	10628735 (England and Wales)

# MINDFUL HR SOLUTIONS LIMITED

## Balance sheet

As at 31 March 2018

	<i>Notes</i>	<i>2018</i> <i>£</i>	<i>1 month to</i> <i>31 Mar 2017</i> <i>£</i>
<b>Fixed assets</b>			
Tangible assets:	2	372	0
<b>Total fixed assets:</b>		<u>372</u>	<u>0</u>
<b>Current assets</b>			
Cash at bank and in hand:		14,017	7,323
<b>Total current assets:</b>		<u>14,017</u>	<u>7,323</u>
Creditors: amounts falling due within one year:	3	( 14,189 )	( 7,123 )
<b>Net current assets (liabilities):</b>		<u>( 172 )</u>	<u>200</u>
Total assets less current liabilities:		<u>200</u>	<u>200</u>
<b>Total net assets (liabilities):</b>		<u>200</u>	<u>200</u>

The notes form part of these financial statements

# MINDFUL HR SOLUTIONS LIMITED

## Balance sheet continued

As at 31 March 2018

	<i>Notes</i>	<i>2018</i> £	<i>1 month to</i> <i>31 Mar 2017</i> £
<b>Capital and reserves</b>			
Called up share capital:		200	200
Profit and loss account:		0	0
<b>Shareholders funds:</b>		<u>200</u>	<u>200</u>

For the year ending 31 March 2018 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of directors on 27 December 2018**

**And Signed On Behalf Of The Board By:**

Name: P Budhwar

Status: Director

The notes form part of these financial statements

# **MINDFUL HR SOLUTIONS LIMITED**

## **Notes to the Financial Statements**

**for the Period Ended 31 March 2018**

### **1. Accounting policies**

#### **Basis of measurement and preparation**

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

# MINDFUL HR SOLUTIONS LIMITED

## Notes to the Financial Statements

for the Period Ended 31 March 2018

### 2. Tangible assets

	Office equipment		Total
Cost	£	£	
At 01 April 2017	0		0
Additions	496		496
Disposals	(0)		(0)
Revaluations	0		0
Transfers	0		0
At 31 March 2018	496		496
<b>Depreciation</b>			
At 01 April 2017	0		0
Charge for year	124		124
On disposals	(0)		(0)
Other adjustments	0		0
At 31 March 2018	124		124
<b>Net book value</b>			
At 31 March 2018	372		372
At 31 March 2017	0		0

# MINDFUL HR SOLUTIONS LIMITED

## Notes to the Financial Statements

for the Period Ended 31 March 2018

### 3.Creditors: amounts falling due within one year note

	<i>2018</i>	<i>1 month to</i>
	<i>£</i>	<i>31 Mar 2017</i>
		<i>£</i>
Taxation and social security	1,325	465
Other creditors	12,864	6,658
<b>Total</b>	<b>14,189</b>	<b>7,123</b>



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.