ARETE HEALTH AND PERFORMANCE LTD

Company Registration Number:
10623684 (England and Wales)

Unaudited abridged accounts for the year ended 31 January 2018

Period of accounts

Start date: 16 February 2017

End date: 31 January 2018

ARETE HEALTH AND PERFORMANCE LTD

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for the Period Ended 31 January 2018

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ARETE HEALTH AND PERFORMANCE LTD

Balance sheet

As at 31 January 2018

	Notes	*2018*
		£
Current assets		
Debtors:		**2,156**
Cash at bank and in hand:		**9,727**
Total current assets:		**11,883**
Creditors: amounts falling due within one year:		**(12,026)**
Net current assets (liabilities):		**(143)**
Total assets less current liabilities:		**(143)**
Total net assets (liabilities):		**(143)**
Capital and reserves		
Called up share capital:		**1**
Profit and loss account:		**(144)**
Shareholders funds:		**(143)**

The notes form part of these financial statements

ARETE HEALTH AND PERFORMANCE LTD

Balance sheet statements

For the year ending 31 January 2018 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen to not file a copy of the company's profit & loss account.

This report was approved by the board of directors on 26 October 2018
and signed on behalf of the board by:

Name: Tom FARROW
Status: Director

The notes form part of these financial statements

ARETE HEALTH AND PERFORMANCE LTD

Notes to the Financial Statements

for the Period Ended 31 January 2018

1. Accounting policies

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

The turnover shown in the Profit and Loss account represents invoiced amounts for services provided during the year, excluding Value Added Tax.

Tangible fixed assets and depreciation policy

Depreciation is provided at rates calculated to write off the cost or valuation less residual value of each asset over its expected useful life as follows:Land and buildings - 2% reducing balancePlant and Machinery - 20% straight lineFixtures and fittings - 10% straight lineOffice equipment - 25% straight lineMotor vehicles - 25% straight line

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.