

Abbreviated Unaudited Accounts
For The Year Ended 30th November 2016
for
Fitness Agents Limited

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For The Year Ended 30th November 2016**

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Fitness Agents Limited
Company Information
For The Year Ended 30th November 2016

DIRECTORS:

A Omotajo
N Lawrence
Mrs J O Omotajo

SECRETARY:

REGISTERED OFFICE:

21 Bryanston Street
Marble Arch
London
W1H 7AB

REGISTERED NUMBER:

05777079 (England and Wales)

ACCOUNTANTS:

Wildin & Co
Accountants
& Statutory Auditors
Kings Buildings
Lydney
Gloucestershire
GL15 5HE

**Abbreviated Balance Sheet
30th November 2016**

	Notes	30.11.16 £	£	30.11.15 £	£
FIXED ASSETS					
Intangible assets	2		-		-
Tangible assets	3		<u>170,450</u>		<u>232,547</u>
			170,450		232,547
CURRENT ASSETS					
Stocks		2,216		-	
Debtors		523,457		432,458	
Cash at bank and in hand		<u>143,463</u>		<u>924,916</u>	
		669,136		1,357,374	
CREDITORS					
Amounts falling due within one year		<u>742,929</u>		<u>1,476,463</u>	
NET CURRENT LIABILITIES			(73,793)		(119,089)
TOTAL ASSETS LESS CURRENT LIABILITIES			96,657		113,458
PROVISIONS FOR LIABILITIES			30,429		42,197
NET ASSETS			<u>66,228</u>		<u>71,261</u>
CAPITAL AND RESERVES					
Called up share capital	4		1,125		1,125
Profit and loss account			<u>65,103</u>		<u>70,136</u>
SHAREHOLDERS' FUNDS			<u>66,228</u>		<u>71,261</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th November 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th November 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

Abbreviated Balance Sheet - continued
30th November 2016

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 10th July 2017 and were signed on its behalf by:

A Omotajo - Director

**Notes to the Abbreviated Accounts
For The Year Ended 30th November 2016**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Land and buildings	- 10% on cost
Plant and machinery etc	- 33% on cost and 20% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1st December 2015	
and 30th November 2016	<u>78,875</u>
AMORTISATION	
At 1st December 2015	
and 30th November 2016	<u>78,875</u>
NET BOOK VALUE	
At 30th November 2016	<u><u>-</u></u>
At 30th November 2015	<u><u>-</u></u>

Notes to the Abbreviated Accounts - continued
For The Year Ended 30th November 2016

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st December 2015	460,115
Additions	44,285
At 30th November 2016	<u>504,400</u>
DEPRECIATION	
At 1st December 2015	227,568
Charge for year	107,690
Eliminated on disposal	(1,308)
At 30th November 2016	<u>333,950</u>
NET BOOK VALUE	
At 30th November 2016	<u>170,450</u>
At 30th November 2015	<u>232,547</u>

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	30.11.16 £	30.11.15 £
625	A Ordinary	£1	625	625
500	B Ordinary	£1	500	500
			<u>1,125</u>	<u>1,125</u>

Fitness Agents Limited

**Report of the Accountants to the Directors of
Fitness Agents Limited**

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to five) have been prepared.

As described on the Balance Sheet you are responsible for the preparation of the financial statements for the year ended 30th November 2016 set out on pages two to five and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

Wildin & Co
Accountants
& Statutory Auditors
Kings Buildings
Lydney
Gloucestershire
GL15 5HE

Date: 10th July 2017

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.