

NC Fitness Limited

Abbreviated Accounts

31 March 2016

Registered number

05770042

NC Fitness Limited**Registered number:** 05770042**Abbreviated Balance Sheet****as at 31 March 2016**

	Notes	2016 £	2015 £
Current assets			
Debtors	6,691	4,697	
Creditors: amounts falling due within one year	(6,661)	(4,646)	
Net current assets		30	51
Net assets		30	51
Capital and reserves			
Called up share capital	2	100	100
Profit and loss account		(70)	(49)
Shareholder's funds		30	51

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Mr N Chamberlain

Director

Approved by the board on 14 October 2016

NC Fitness Limited
Notes to the Abbreviated Accounts
for the year ended 31 March 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	20% straight line
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2	Share capital	Nominal value	2016 £	2015 £
	Allotted, called up and fully paid:			
	Ordinary shares	£1 each	100	100

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