



COMPANIES HOUSE

288b

Please complete in typescript,
or in bold black capitals.

Resignation of director or secretary

Company Number

3094301

Company Name in full

TELSTAR FITNESS LIMITED



F2886019

Resignation
form

Date of resignation

Day Month Year

24 11 96

Resignation as director

☒

as secretary

☐

Please mark the appropriate box. If resignation
is as a director and secretary mark both boxes.

NAME

*Style / Title

MR

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

BRIAN

Surname

ALDHAM

†Date of Birth

Day Month Year

21 04 51

If cessation is other than
resignation, please state reason

A serving director, secretary etc must sign the form below.

Signed

Date

24/11/96

* Voluntary details
† Directors only.

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

DAVID VENUS & COMPANY	
32A HIGH STREET	
ESHER, SURREY KT10 9RT	
Tel	
DX number	DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

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COMPANIES HOUSE 06/06/97