

Registered charity number 1033731

Registered company number 02842023

**Multiple Sclerosis-UK Limited
(Company limited by guarantee)**

Financial statements

31 December 2018



Multiple Sclerosis-UK Limited

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Multiple Sclerosis-UK Limited

Legal and administrative information

Trustees	Mr M Hopkins (Chair) Mr M Herington Mr K Graham (resigned 28 November 2018) Mrs C Offord Mrs F Sakal Mr P Startin Mr M Swan
Company registered number	02842023
Charity registered number	1033731
Registered office	Unsworth House Hythe Quay Colchester Essex C02 8JF
Auditor	Scrutton Bland LLP Chartered Accountants and Statutory Auditor 820 The Crescent Colchester Business Park Colchester Essex CO4 9YQ
Bankers	HSBC Bank plc 7B The Water Gardens South Gate Harlow Essex CM20 1AB

Multiple Sclerosis-UK Limited

Trustees' report

The board of trustees, who are also directors for the purposes of the Companies Act, present their annual report and financial statements of Multiple Sclerosis-UK Limited for the year ended 31 December 2018. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" and have followed UK generally accepted accounting principles in preparing the annual report and financial statements. The trustees' report is also a directors' report as required by s417 of the Companies Act 2006.

Legal and administrative information

The information given on page 1 forms part of this report. As noted on page 3, the charity also operates under the name MS-UK.

The trustees during the year under review were as follows

Mr M Herington
Mr M Hopkins (Chair)
Mr K Graham
Mrs C Offord
Mrs F Sakal
Mr P Startin
Mr M Swan

Retirement of trustees

The following trustees are to retire in accordance with the Articles of Association and, being eligible, offer themselves for re-appointment

Mrs F Sakal
Mr M Swan

Resignation of trustees

The following trustees resigned in the year

Mr K Graham (on 28 November 2018)

Senior management personnel

The senior management personnel throughout the year were the following

Amy Woolf, Chief Executive
Diana Crowe, Head of Services
Laura May, Communications Manager
Jill Purcell, Fundraising Manager
Sarah Wright, General Manager

Multiple Sclerosis-UK Limited

Trustees' report

The remuneration of all staff, including the senior management team, is consistent with our pay review policy. At appointment, salaries are set in keeping with the market value and individual experience and expertise. Pay reviews are conducted annually as part of our appraisal process and in light of the charity's budget, performance to strategy, individual performance and market analysis.

Structure, governance and management

Multiple Sclerosis-UK Limited is a charity registered with the Charity Commission, charity number 1033731, and a limited company, registered at Companies House, company number 02842023, trading as MS-UK.

The board of trustees is responsible for the governance and strategic direction of MS-UK. Our most recent strategic plan can be found on our website at www.ms-uk.org/aboutus.

The board of trustees continue to ensure both the good governance and proper administration of MS-UK in keeping with its Memorandum and Articles of Association. Day to day responsibility for the running of the organisation is delegated to the Chief Executive Officer, Amy Woolf, and her team.

The board is made up of six members and each are committed to ensuring that the charities' governance arrangements are effective. During 2018 the board met quarterly and held its AGM in August.

We have been making plans to recruit new board members in 2019 to help strengthen the board and enable strong succession planning.

Trustees maintain an overall supervision of both the financial and operational performance of the charity and receive accurate and timely updates from the CEO and her team.

The trustees monitor the risks faced by MS-UK at every board meeting and are therefore in a position to ensure controls, policies and procedures are in place to deal with any issues effectively should they arise.

In December 2017 we introduced a monthly trustee e-newsletter which provides highlights of what's happening day to day at MS-UK for the board members.

The main risk faced by MS-UK is reliance on the Virgin Money London Marathon as a source of income. The charity recognises that this will always be a major source of income and in the past has been a life line for the charity. However, MS-UK has a fundraising strategy that seeks to diversify our income streams and offset the risk of over-reliance on a single source of income.

Multiple Sclerosis-UK Limited

Trustees' report

Objectives and activities

MS-UK is a national charity dedicated to empowering people with multiple sclerosis to make the most of today, and live life to the full.

Multiple sclerosis (MS) is a condition that affects the central nervous system - the brain and the spinal cord. More than 107,000 people in the UK have multiple sclerosis and we are here to make sure that each person has choice, control and independence.

We put people affected by MS at the heart of our work. We provide high quality, professional services to support people living with multiple sclerosis, and we listen to people affected by MS.

Our objectives include

- To provide clear, unbiased information about any treatment, therapy or subject relating to MS and to promote the exchange of information
- To provide practical and emotional support for people affected by MS
- To encourage individuals to make choices relevant and appropriate to their personal experience of MS
- To be non-judgmental and to respect the decisions made by those affected in relation to their personal MS management
- To encourage people with MS to develop 'informed partnerships' with their healthcare providers
- To provide information to professionals with an interest in MS
- To encourage the links with, and between, support groups
- To remain independent in our provision of services

The trustees confirm they have had regard to the Charity Commission's guidance on public benefit and the charity's core activities are

New Pathways (national)

Our bi-monthly magazine is a go-to resource for people affected by MS. The magazine has been a life line for people by providing latest news, research and thinking about how to live well with the condition. The editors have always understood the importance of ensuring there are no taboo subjects and that all possible options for managing life with MS are researched and presented in a balanced and evidenced way. Subjects covered vary from latest research news and letters pages to complementary therapies and real life stories proving inspiration to others.

Multiple Sclerosis-UK Limited

Trustees' report

MS-UK Helpline (national)

Our trained helpline staff provide information and support to people with MS, their carers and families. This can be over the phone, by email, live web chat or letter. Our staff give people information about anything related to life with MS, from drug therapies to complementary therapies and accessing benefits to home aids and adaptations. The team also publish our information leaflets, Choices, on a wide range of subjects available on our website.

MS-UK Counselling (national)

Launched in October 2017, this is our newest service and the only one of its kind in the UK. Having consulted with the MS community across the UK, they told us there was a substantial gap in the provision of high quality, MS-specific counselling to support their mental health and wellbeing. We now have four counsellors providing the service over the telephone to people across the UK. Our counsellors help people to explore their experiences so they can find their own way forward.

Josephs Court (local)

Josephs Court is our wellness centre based in Colchester, Essex. The centre provides supervised exercise using specialised exercise equipment so people affected by MS can work with our wellness coaches to an individual training plan that will better enable them to manage their symptoms. We provide access to a variety of complementary therapies. Josephs Court is also a community hub for anyone affected by MS offering social interaction and enabling vital peer support.

Feedback from a client of MS-UK Counselling

Anne-Marie lives with relapsing remitting multiple sclerosis and has accessed MS-UK Counselling. She was signposted to this by our helpline team and found it really made a difference to her mental wellbeing.

'I found my counsellor extremely effective. She was positive, perceptive, sympathetic, insightful, and she radiated kindness. I've had much less effective counsellors face to face. So I felt like it was excellent.

'It was extremely helpful to speak to an excellent therapist who had deep understanding of MS. It helped me to strengthen my coping skills and move forward.

'This was such a positive experience and such a huge support.'

Multiple Sclerosis-UK Limited

Trustees' report

Achievements and performance indicators

We have continued to work to our 2014 - 2018 strategy and are pleased that we have achieved almost everything we set out to. This includes:

Providing high quality, relevant and responsive services to support more people affected by MS

Our helpline team supported over 1300 people this year via the telephone, email and webchat. They also reviewed and updated many of our Choices leaflets which have been downloaded more than 80,000 times in 2018 and have been created with valuable input from the MS community and our virtual insights panel. We had hoped to explore providing the service by text and Skype, but have postponed this for the future.

Unfortunately subscriptions to our magazine fell a little again this year, however we have created two new regular features; one on regional support for people affected by MS and one on counselling which have been warmly received. We are proud that the magazine continues to make a meaningful contribution to the lives of people affected by MS.

We launched phase 2 of our counselling service and now have four counsellors providing the service specifically tailored to supporting people with MS. So far 68 clients have completed their sessions and have given us fantastic feedback. Another 63 clients are part-way through their counselling with us.

We now have 125 regular clients using our wellness centre including 38 new clients this year. We have run 3 successful mindfulness courses and also some taster and information sessions, such as one on music therapy. Our social group continue to organise monthly coffee mornings and have also hosted a bingo night, summer barbeque and Christmas lunch. We also continue to work with our steering group made up of clients who inform all that we do at the wellness centre. Finally, we launched a capital appeal to fund a new functional electrical stimulus bike and not only were we able to purchase the new bike, but we have seen an increase on the number of clients and range of usage compared with the previous outdated bike.

Widely recognised as a high quality provider of choice for all people affected by MS

Our Twitter and Facebook channels continue to grow and we have seen an increase in engagement with the MS community. This year we have trialled Facebook advertising and videos, with two of our videos reaching more than 18,000 people. Likewise, usage of our website has increased as has that of our blog which we migrated to the website this year and have almost 60 people write guest blogs for us.

Multiple Sclerosis-UK Limited

Trustees' report

Recognised as an excellent employer and volunteer manager

This year the staff scored MS-UK 8.3 out of 10 in terms of job satisfaction. We have rolled out a number of new initiatives to look after the wellbeing of our staff and also have a dedicated training budget for their development.

We have created a new feedback process for our volunteers to ensure we are supporting them well and we hosted a bowling night to say thank you for their help.

Financially robust

Our fundraisers raised a phenomenal amount of funds for the charity this year. Predominately from third party events which continue to do well for us. We have secured funding from four new trusts this year and also launched our partnership with make a smile lottery. We ran our first corporate challenge raising 50% more than we anticipated. We have also researched new events that we will take part in next year.

A strong, diverse and committed board

The review of our governing document is almost complete; though we have decided to postpone the board appraisal and development of the board to a future year.

Much of the board's time was spent this year working with the management team to develop the new strategy for MS-UK. We began by reviewing our vision, mission and values and consulted our virtual insights panel and held a focus group to test these. We determined our strengths and weaknesses and our opportunities and potential threats. We researched the 'players' in our field and thought hard about who we are here to support. We then asked our community through surveys and focus groups: what is the biggest difference we could make for them today; that they cannot get anywhere else. We then considered all of this information and agreed the key priorities for MS-UK for the next three years. The documented strategy and accompanying video can now be found on our website. We put much effort in to ensuring this was a truly community-led strategy that will ensure we provide to people affected by MS, what exactly it is that they themselves want from us in the future.

Effective and efficient infrastructure

We followed up every opportunity we could to find a new home locally for the charity, but have not been successful to date.

We have implemented the recommendations from our external strengths review including enabling the staff to make the most of our database and investing in the development of the management team.

We are very pleased with the achievements of the charity during this year and throughout this last strategic period; from 2014. We would like to thank everyone that has made that possible; including staff, volunteers, fundraisers, supporters and people throughout the MS community; we could not do it without them.

Multiple Sclerosis-UK Limited

Trustees' report

Financial review

The charity's income is derived from the following main sources - fundraising events, notably the Virgin Money London Marathon, New Pathways magazine subscriptions, individual donations, legacies and trusts and foundations.

We continue not to accept money from companies manufacturing pharmaceuticals lest this should compromise our position on promoting individual choice when treating multiple sclerosis and its symptoms.

MS-UK remains a charity supported entirely by individuals, sympathetic companies and trusts and foundations. Without these people we would not be able to provide our vital services to people affected by multiple sclerosis and empower people to make the most of today and live life to the full.

This year our income, compared with 2017, increased by £16,704, (1.7%). We increased our expenditure by £166,053, (21.7%). For 2018 we are reporting a surplus of £54,200 for the year (2017 surplus of £203,549).

Whilst we are reporting a strong financial position for 2018, we are mindful of the continuing economic climate and are therefore keen to maintain our reserves level as well as ensuring we maximise the impact of the funds we receive.

We will continue to spend every penny with due care and maximum impact whilst maintaining a suitable level of reserves. Our intention is to maintain unrestricted funds (after fixed assets, restricted and designated funds) that equate to three to six months' running costs. This is to ensure the charity can continue current activities and commitments in the event of a significant drop in funding. Reserves reported in these accounts are compliant with this policy.

Multiple Sclerosis-UK Limited

Trustees' report

Plans for future periods

2019 marks the launch of our new three year strategic plan. The year ahead will involve creating the right foundations so we can deliver on our exciting and ambitious plans for the future, supporting people affected by multiple sclerosis to live healthier and happier lives. Each of our activities in the coming year fall under one of our strategic aims:

Supporting people affected by multiple sclerosis to be healthier and happier

- Provide support to more people affected by MS through our helpline, counselling service and wellness centre
- Write four new Choices leaflets
- Secure new funding for the counselling service
- Develop webcam counselling
- Provide more complementary therapies and social activities at our wellness centre
- Conduct research and develop plans in relation to loneliness and isolation of people affected by MS

Increasing understanding of multiple sclerosis

- Create a communications department responsible for information, awareness and engagement
- Refresh MS-UK brand - including redesign of website
- Invest in content planning/marketing with a focus on MS-UK USPs
- Develop technological and digital expertise
- Continue to publish New Pathways magazine
- Increase quantity and visibility of people's stories and product reviews
- Carry out research for new practical guides for people affected by MS
- Collaborate with MS Trust and MSNTC for MS Awareness Week

Managing our charity as efficiently and effectively as possible

- Agree annual operational plans, including KPIs, outputs, outcomes and budgets
- Continue to work to Trusted Charity (previously PQASSO) standard for charities
- Recruit new board members and update governing document
- Succession planning for the board
- Work to a balanced budget whilst maintaining adequate reserves
- Increase return on investment for fundraising activities and continue to diversify our income streams
- Supporting wellbeing of staff and volunteers and continue to meet the Wellbeing Charter standard
- Build upon staff capability
- Invest in administrative support
- Continue to look for a new home for the charity locally

Multiple Sclerosis-UK Limited

Trustees' report

Trustees' responsibilities statement

The trustees (who are also the directors of Multiple Sclerosis-UK Limited for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and the income and expenditure of the charity for that period.

In preparing these financial statements, the trustees are required to

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware

- there is no relevant audit information of which the charity's auditor is unaware and
- the trustees have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Multiple Sclerosis-UK Limited

Trustees' report

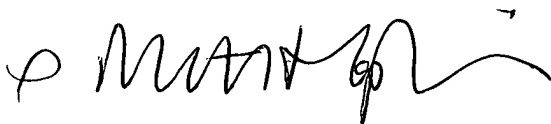
Trustees' indemnity

Throughout the year an indemnity insurance policy was in place covering the trustees.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Signed for and on behalf of the trustees



M Hopkins
Chair

Approved by the Trustees on  23/8/19

Independent auditor's report to the trustees of Multiple Sclerosis-UK Limited

Opinion

We have audited the financial statements of Multiple Sclerosis-UK Limited for the year ended 31 December 2018 which comprise the Statement of Financial Activities (including income and expenditure account), the Balance Sheet, the Statement of Changes in Equity, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2018 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Independent auditor's report to the members of Multiple Sclerosis-UK Limited

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Independent auditor's report to the members of Multiple Sclerosis-UK Limited

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 10 the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Independent auditor's report to the members of Multiple Sclerosis-UK Limited

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at:
<https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Scrutton Bland LLP
Chartered Accountants and Statutory Auditor

Senior Statutory Auditor Timothy O'Connor
820 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ

Date: 2/9/19

Multiple Sclerosis-UK Limited

Statement of financial activities (including income and expenditure account) Year ended 31 December 2018

	Notes	Unrestricted funds £	Restricted funds £	Total funds 2018 £	Total funds 2017 £
Income from					
Donations and legacies	3	347,158	-	347,158	479,573
Charitable activities	4	72,188	114,548	186,736	126,999
Other trading activities	5	449,479	-	449,479	360,884
Investments		1,004	-	1,004	217
Total income		869,829	114,548	984,377	967,673
Expenditure on					
Raising funds	6	(309,204)	-	(309,204)	(286,535)
Charitable activities	7	(494,185)	(126,788)	(620,973)	(477,589)
Total expenditure		(803,389)	(126,788)	(930,177)	(764,124)
Net income/(expenditure) for the year	10	66,440	(12,240)	54,200	203,549
Total funds brought forward		1,070,849	46,387	1,117,236	913,687
Total funds carried forward	16,17	£ 1,137,289	£ 34,147	£ 1,171,436	£ 1,117,236

The statement above includes all gains and losses recognised in each of the above two years.

All activities relate to continuing operations.

The notes on pages 20 to 30 form part of these financial statements.

Multiple Sclerosis-UK Limited


Balance sheet As at 31 December 2018

	Notes	2018 £	2017 £
Fixed assets			
Tangible fixed assets	11	565,307	574,031
Current assets			
Debtors	12	26,534	35,106
Investments		151,197	150,193
Cash at bank and in hand		557,520	495,478
		735,251	680,777
Creditors - amounts falling due within one year	13	(65,900)	(50,857)
Net current assets		669,351	629,920
Total assets less current liabilities		1,234,658	1,203,951
Creditors - amounts falling due after more than one year	14	(63,222)	(86,715)
Net assets		<u>£ 1,171,436</u>	<u>£ 1,117,236</u>
Funds			
Unrestricted funds – designated	17	479,972	425,347
Unrestricted funds – other	17	657,317	645,502
Restricted funds	16	34,147	46,387
		<u>£ 1,171,436</u>	<u>£ 1,117,236</u>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard 102.

Under the Companies Act 2006, S454, on a voluntary basis, the directors can amend These financial statements if they subsequently prove to be defective.

Approved by the Board of Trustees on 7/23/8/19 and signed on its behalf by



M Hopkins
Trustee

Company registration number 02842023
Charity registration number 1033731

The notes on pages 20 to 30 form part of these financial statements.

Multiple Sclerosis-UK Limited

Statement of changes in equity Year ended 31 December 2018

	Unrestricted Funds - Designated £	Unrestricted Funds - Other £	Restricted Funds £	Total £
At 1 January 2017	250,000	636,541	27,146	913,687
Surplus for the year ended 31 December 2017	<u>175,347</u>	<u>8,961</u>	<u>19,241</u>	<u>203,549</u>
At 31 December 2017	425,347	645,502	46,387	1,117,236
Surplus/(deficit) for the year ended 31 December 2018	<u>54,625</u>	<u>11,815</u>	<u>(12,240)</u>	<u>54,200</u>
At 31 December 2018	<u><u>£ 479,972</u></u>	<u><u>£ 657,317</u></u>	<u><u>£ 34,147</u></u>	<u><u>£ 1,171,436</u></u>

The notes on pages 20 to 30 form part of these financial statements.

Multiple Sclerosis-UK Limited

Statement of cash flows Year ended 31 December 2018

	2018 £	2017 £
Net income	54,200	203,549
Add depreciation	18,902	19,610
Less interest received	(1,004)	(217)
Add interest paid	3,445	3,556
Decrease in stock	-	7,237
Decrease/(increase) in debtors	8,572	(6,578)
Increase/(decrease) in creditors	14,455	(6,437)
Cash generated from operating activities	98,570	220,720
Cash flows from investing activities		
Interest received	1,004	217
Purchase of tangible fixed assets	(10,178)	(15,660)
Cash used in investing activities	(9,174)	(15,443)
Cash flows from financing activities		
Repayment of borrowing	(22,905)	(23,468)
Interest paid	(3,445)	(3,556)
Cash used in financing activities	(26,350)	(27,024)
Increase in cash and cash equivalents during the year	63,046	178,253
Cash and cash equivalents at the beginning of the year	645,671	467,418
Cash and cash equivalents at the end of the year	£ 708,717	£ 645,671
Cash equivalents	151,197	150,193
Cash at bank and in hand	557,520	495,478
Total cash and cash equivalents	£ 708,717	£ 645,671

The notes on pages 20 to 30 form part of these financial statements.

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

1 Accounting policies

Background information

Multiple Sclerosis-UK Limited is a company limited by guarantee, registered in England and Wales, registration number 02842023. The address of the registered office is Unsworth House, Hythe Quay, Colchester, Essex, CO2 8JF. It is also a registered charity, registration number 1033731. Further details are included in the Trustees' Report.

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 (FRS 102), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Functional currency

The financial statements are presented in pounds sterling.

Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

Donations and legacies are included in full in the statement of financial activities when receivable. This includes the recognition of the associated gift aid.

Income from other trading activities is accounted for when earned.

Income from investments is included when receivable.

Income from charitable activities includes grants receivable and subscriptions. Income from grants, where related to performance and specific deliverables, is accounted for as the charity earns the right to consideration by its performance. Grants, where entitlement is not conditional on the delivery of specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts in accordance with the Statement of Recommended Practice. Due to the practical difficulties involved in valuing a large number of low value items, goods donated for resale through the charity's online shop are included as income when they are sold.

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

1 Accounting policies – (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds comprises the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, support costs are apportioned on the basis of staff costs.

Fixed assets

Fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected lives on the following basis

Freehold property	-	2% straight line
Improvements to premises	-	2% straight line
Equipment	-	25% reducing balance
Fixtures and fittings	-	25% reducing balance

No depreciation is provided on land.

Going concern

The financial statements have been prepared on a going concern basis as the trustees are of the view that the charity will continue in operational existence for the foreseeable future.

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

1 Accounting policies – (continued)

Taxation

Multiple Sclerosis-UK Limited is an exempt charity within the meaning of the Charities Act 2011 and as such is a charity within the meaning of Part 11, Corporation Tax Act 2010. Accordingly, Multiple Sclerosis-UK Limited is partially exempt from taxation in respect of income or capital gains received within the categories covered by Part 11, Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to its charitable purposes.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets or financial liabilities

- Short term debtors (financial assets) are measured at the transaction price
- Short term creditors and loans (financial liabilities) are measured at the transaction price.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Where relevant, designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Cash and cash equivalents

Cash equivalents are recognised as such and included with other cash balances where they represent short term, highly liquid investments that are readily convertible to known amounts of cash without being subject to a significant change in value.

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

2 Significant judgements and estimates

There are judgements made over the allocation of support costs between expenditure on raising funds and expenditure on charitable activities. Estimates are also made concerning the rates of depreciation applied to fixed assets.

3 Income from donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £	Total Funds 2017 £
Analysis by activity				
Information and support services	<u>£ 347,158</u>	<u>£ -</u>	<u>£ 347,158</u>	<u>£ 479,573</u>
This can be further analysed as follows				
General donations	66,823	-	66,723	63,006
Legacies	28,160	-	28,160	116,233
Gift aid	54,275	-	54,275	50,334
Premises	<u>198,000</u>	<u>-</u>	<u>198,000</u>	<u>250,000</u>
	<u>£ 347,158</u>	<u>£ -</u>	<u>£ 347,158</u>	<u>£ 479,573</u>

Included within the above are restricted funds of £Nil (2017 £250).

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

4 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £	Total Funds 2017 £
Analysis by activity				
Information and support services	<u>£ 72,188</u>	<u>£ 114,548</u>	<u>£ 186,736</u>	<u>£ 126,999</u>
This can be further analysed as follows				
Josephs Court wellness centre	18,875	-	18,875	20,919
Grants receivable	-	114,548	114,548	46,001
New Pathways subscriptions	43,334	-	43,334	40,658
Activity income	7,250	-	7,250	17,815
Other	2,729	-	2,729	1,606
	<u>£ 72,188</u>	<u>£ 114,548</u>	<u>£ 186,736</u>	<u>£ 126,999</u>

Included within the above are restricted funds of £114,548 (2017 £46,001).

5 Income from other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £	Total Funds 2017 £
Fundraising	436,720	-	436,720	339,676
Advertising and other	12,759	-	12,759	21,208
	<u>£ 449,479</u>	<u>£ -</u>	<u>£ 449,479</u>	<u>£ 360,884</u>

Included within the above are restricted funds of £Nil (2017 £11,608).

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

6 Expenditure on raising funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £	Total Funds 2017 £
Direct fundraising costs	206,840	-	206,840	208,725
Support costs (note 9)	102,364	-	102,364	77,810
	<u>£ 309,204</u>	<u>£ -</u>	<u>£ 309,204</u>	<u>£ 286,535</u>

Included within the above are restricted funds of £Nil (2017 £Nil).

7 Expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £	Total Funds 2017 £
Analysis by activity				
Information and support services	<u>£ 494,185</u>	<u>£ 126,788</u>	<u>£ 620,973</u>	<u>£ 477,589</u>
This can be further analysed as follows				
Direct costs	400,020	-	400,020	312,707
Support costs (note 9)	81,116	126,788	207,904	157,047
Governance costs				
Audit fees	3,800	-	3,800	3,650
Accountancy fees	9,249	-	9,249	4,185
	<u>£ 494,185</u>	<u>£ 126,788</u>	<u>£ 620,973</u>	<u>£ 477,589</u>

Included within the above are restricted funds of £126,788 (2017 £38,618).

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

8 Staff costs

	2018 £	2017 £
Wages and salaries	460,662	379,083
Employer's national insurance	33,397	30,388
	<u>£ 494,059</u>	<u>£ 409,471</u>

The average monthly number of employees during the year was

	2018 Number	2017 Number
Charitable activities	12	10
Cost of generating funds	7	5
Management and administration of the charity	3	3
	<u>22</u>	<u>18</u>

No employee received remuneration of more than £60,000 during the year (2017 £Nil).

The senior management team received remuneration totalling £191,179 (2017 £168,110).

The trustees received remuneration totalling £Nil (2017 £Nil). The trustees were reimbursed for travel expenses totalling £Nil (2017 £Nil). No further related party transactions have occurred.

9 Support costs

Support costs have been apportioned as follows

	Raising funds £	Charitable activities £	Total £
Printing, postage, stationery and telephone	16,806	33,613	50,419
IT and equipment	17,112	34,224	51,336
Personnel, wages and training	27,713	55,427	83,140
Travel and subsistence	5,244	10,488	15,732
Repairs and maintenance	2,194	4,388	6,582
General office costs, including utilities	33,295	69,764	103,059
	<u>£ 102,364</u>	<u>£ 207,904</u>	<u>£ 310,268</u>

The costs above have been apportioned on the basis of staff costs.

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

10 Net income for the year

Net income for the year is stated after charging

	2018 £	2017 £
Depreciation	18,902	19,610
Auditor's remuneration	3,800	3,650

11 Tangible fixed assets

	Freehold property £	Improvements to premises £	Equipment £	Fixtures and fittings £	Total £
Cost					
At 1 January 2018	508,551	75,782	135,683	9,540	729,556
Additions	-	-	10,178	-	10,178
At 31 December 2018	508,551	75,782	145,861	9,540	739,734
Depreciation					
At 1 January 2018	39,048	10,279	97,409	8,789	155,525
Charge for the year	5,086	1,515	12,113	188	18,902
At 31 December 2018	44,134	11,794	109,522	8,977	174,427
Net Book Value					
At 31 December 2018	£ 464,417	£ 63,988	£ 36,339	£ 563	£ 565,307
At 31 December 2017	£ 469,503	£ 65,503	£ 38,274	£ 751	£ 574,031

12 Debtors

	2018 £	2017 £
Trade debtors	8,424	17,418
Prepayments	18,003	12,835
Other debtors	107	4,853
	£ 26,534	£ 35,106

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

13 Creditors

Amounts falling due within one year

	2018 £	2017 £
Bank loans	23,149	22,561
Trade creditors	19,201	12,402
Taxation and social security	16,493	7,907
Staff Christmas savings	890	890
Other creditors	346	1,385
Accruals	5,821	5,712
	<u>£ 65,900</u>	<u>£ 50,857</u>

The following liabilities disclosed under creditors falling due within one year are secured.

	2018	2017
Bank loans	<u>£ 23,149</u>	<u>£ 22,561</u>

14 Creditors

Amounts falling due after more than one year

	2018	2017
Bank loans	<u>£ 63,222</u>	<u>£ 86,715</u>

The following liabilities disclosed under creditors falling due after more than one year are secured.

	2018	2017
Bank loans	<u>£ 63,222</u>	<u>£ 86,715</u>

Included within creditors falling due after more than one year is a balance of £Nil (2017 £Nil) due after more than five years and repayable by instalments.

15 Financial instruments

	2018	2017
Financial assets measured at transaction price	<u>£ 8,531</u>	<u>£ 22,271</u>
Financial liabilities measured at transaction price	<u>£ 108,828</u>	<u>£ 126,015</u>

Financial assets comprise trade debtors and other debtors.

Financial liabilities comprise trade creditors, other creditors, staff Christmas savings, certain accruals and bank loans.

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

16. Restricted funds

	Balance at 1 January 2018 £	Income £	Expenditure £	Balance at 31 December 2018 £
Restricted asset fund	8,974	-	2,722	6,252
ACT fund	3,984	-	3,984	-
Big Lottery fund	16,821	99,572	98,574	17,819
The Light Fund - FES fund	5,000	-	5,000	-
FES Appeal fund	11,608	-	11,608	-
CBC – Defib fund	-	1,350	1,350	-
Fowler Smith and Jones fund	-	2,000	2,000	-
Awards 4 All fund	-	4,826	686	4,140
ECF fund	-	4,800	864	3,936
Rotary fund	-	2,000	-	2,000
	<u>£ 46,387</u>	<u>£ 114,548</u>	<u>£ 126,788</u>	<u>£ 34,147</u>

The following funds had non-zero balances at 31 December 2018

The restricted asset fund relates to equipment for Josephs Court.

The Big Lottery fund relates to the running of Josephs Court.

The Awards 4 All fund relates to equipment for Josephs Court and client social activities.

The ECF fund relates to the purchase of two pain relief machines and complementary therapies.

The Rotary fund relates to equipment for Josephs Court.

Multiple Sclerosis-UK Limited

Notes to the financial statements Year ended 31 December 2018

17 Unrestricted funds

	Balance at 1 January 2018 £	Income £	Expenditure £	Balance at 31 December 2018 £
Designated funds				
Premises	250,000	198,000	-	448,000
Counselling service	175,347	-	143,375	31,972
	<u>425,347</u>	<u>198,000</u>	<u>143,375</u>	<u>479,972</u>
General fund	645,502	671,829	660,014	657,317
	<u>£ 1,070,849</u>	<u>£ 869,829</u>	<u>£ 803,389</u>	<u>£ 1,137,289</u>

18 Analysis of net assets between funds

	Tangible fixed assets £	Net current assets £	Long term liabilities £	Total £
Restricted funds	<u>8,166</u>	<u>25,981</u>	<u>-</u>	<u>34,147</u>
Unrestricted funds				
Designated	-	479,972	-	479,972
General	<u>557,141</u>	<u>163,398</u>	<u>(63,222)</u>	<u>657,317</u>
	<u>557,141</u>	<u>643,370</u>	<u>(63,222)</u>	<u>1,137,289</u>
Total funds	<u>£ 565,307</u>	<u>£ 669,351</u>	<u>£ (63,222)</u>	<u>£ 1,171,436</u>

19 Company limited by guarantee

The company is limited by guarantee without share capital. The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company, in the event of the same being wound up while they are a member, or within one year after they cease to be a member, for payment of the debts and liabilities of the company contracted before they cease to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves, such amount as may be required not exceeding £1.

If upon the winding-up or dissolution of the company there remains, after the satisfaction of all its debts and liabilities, any property whatsoever, the same shall not be paid to or distributed among the members of the company, but shall be given or transferred to some other charitable institution or institutions having objects similar to the objects of the company, and which shall prohibit the distribution of its or their income and property to any extent at least as great as is imposed on the company under or by virtue the Memorandum and Articles of Association.