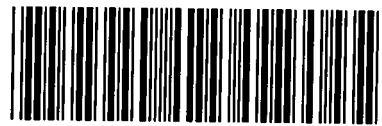


REGISTERED COMPANY NUMBER: 02767551 (England and Wales)
REGISTERED CHARITY NUMBER: 1019757

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st December 2018
for
Art Research Creativity & Health

SATURDAY



A16 *A85Q0DPU* #175
18/05/2019
COMPANIES HOUSE

Farries Kirk & McVean
Dumfries Enterprise Park
Heathhall
Dumfries
DUMFRIESSHIRE
DG1 3SJ

Art Research Creativity & Health

Contents of the Financial Statements
for the Year Ended 31st December 2018

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5
Notes to the Financial Statements	6 to 9
Detailed Statement of Financial Activities	10

Art Research Creativity & Health

Report of the Trustees **for the Year Ended 31st December 2018**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2018. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The objects of the Charity, as set out in the Memorandum and Articles of Association, are to promote the appreciation of the relationship between the arts and all aspects of medicine and to educate the public in the ways in which the arts may be used to protect and preserve health.

Organisation and Funding

The charity operates from the homes of the members and its registered office. The main funding for ARCH continues to come from musical events and Garden Open Days, hosted by our Chairman, Baroness Sweerts de Landas Wyborgh, at Dunsborough Park, as well as from the sale of promotional items commemorating the musical events. Additional funding comes from friends of ARCH, for which we are most grateful.

Public Benefit

In setting objectives and planning activities for the current and future years the Trustees have had regard to the Charity Commission's general guidance on public benefit.

Review of the Developments, Activities and Achievements during the year

2018 was not a major fundraising year but money was raised throughout the year at the Dunsborough Park Garden Open Days with ARCH receiving a total of £2,795.

No concerts were held down South in the first 6 months of the year while these were developed and arranged under the new charity administration in Scotland where a total of 10 concerts took place from September to November in new venues at Abbey Gardens; Charnwood Lodge; Dalawoodie House; Barchester Lochduhar Care Home and Goldilea Nursing Home, all in Dumfries and at Briery Park, Thornhill; Queensbury Care Home, Sanquhar; Singleton Care Home, Lockerbie, Dryfemount Residential Care Home, Lockerbie and Westfield House, Lockerbie.

Concerts in the Home Counties re-started from July at regular hospice and care home venues plus a new venue was added. In total 25 concerts took place during the second half of the year at Wingham Court, Claygate; Ashley Park, West Clandon; Dene Place, West Horsley; Harefield Care Home, Uxbridge; Clare House, Uxbridge; St George's, Cobham; The Silvermere, Cobham; Oakcroft, West Byfleet; Old Hall, Send; Tiltwood, Cobham; Springfield House, Cobham; Rodwell House, Addlestone; Howards Nursing Home, Addlestone; The Grange, New Haw; West Hall, West Byfleet; Kingsleigh Care Home, Woking; Coxhill Manor, Woking; Sutton Lodge, Weybridge and a new venue at Arbrook House, Esher.

The music is much-welcomed at all venues and our musicians find performing for ARCH very rewarding. They continue to offer varied programmes and genres of music to delight audiences and staff.

Our very grateful thanks go to all our ARCH friends and supporters and to our loyal band of musicians in the South as well as our new musicians in Scotland for their help and support.

Financial Review

Funds available to the Charity are adequate to fulfil current financial obligations, but ARCH is dependent on the continuing active support of its members to meet its long-term objectives.

Investment Powers

The Memorandum and Articles of Association of the company permit the investment of money not immediately required for its objects in any investments, as may be thought fit.

Reserves Policy

ARCH has a policy of keeping sufficient reserves to support its ongoing activity for at least one year. It is the intention of the Trustees to establish an Endowment Fund and additional Unrestricted Funds are currently being retained for this purpose. At the year end the charity held reserves of £127,409 (2017: £131,124), all of which were unrestricted.

FINANCIAL REVIEW

Going concern

The accounts are prepared on the going concern basis as no material uncertainty over going concern exists.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Art Research Creativity & Health

Report of the Trustees
for the Year Ended 31st December 2018

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Every person who wishes to become a member shall deliver to the board a written application for membership. An application for membership may be approved or rejected by the board without assigning any reason therefore.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02767551 (England and Wales)

Registered Charity number

1019757

Registered office

Dunsborough Park
Ripley
Surrey
GU23 6AL

Trustees

Dr A C Sweerts de Landas Wyborgh	Chairman
S J Walsh	Director
Ms J Rylands	Director
J N Munting	Director
Baron A A A Sweerts de Landas	Director

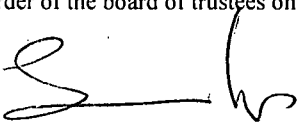
Company Secretary

Dr A C Sweerts de Landas Wyborgh

Independent examiner

Farries Kirk & McVean
Dumfries Enterprise Park
Heathhall
Dumfries
DUMFRIESSHIRE
DG1 3SJ

Approved by order of the board of trustees on 29th April 2019 and signed on its behalf by:



Dr A C Sweerts de Landas Wyborgh - Trustee

Independent Examiner's Report to the Trustees of
Art Research Creativity & Health

Independent examiner's report to the trustees of Art Research Creativity & Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2018.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

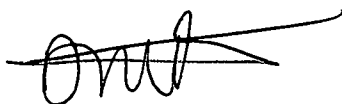
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



David Mitchell MA CA
Farries Kirk & McVean
Dumfries Enterprise Park
Heathhall
Dumfries
DUMFRIESSHIRE
DG1 3SJ

29th April 2019

Art Research Creativity & Health

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31st December 2018

	Notes	2018 Unrestricted fund £	2017 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		3,167	11,174
Other trading activities	2	-	885
Investment income	3	418	645
Total		3,585	12,704
EXPENDITURE ON			
Raising funds		-	96
Charitable activities			
Direct charitable expenditure		2,560	3,826
Other		4,740	1,813
Total		7,300	5,735
NET INCOME/(EXPENDITURE)		(3,715)	6,969
RECONCILIATION OF FUNDS			
Total funds brought forward		131,124	124,155
TOTAL FUNDS CARRIED FORWARD		127,409	131,124

The notes form part of these financial statements

Balance Sheet
At 31st December 2018

	Notes	2018 Unrestricted fund £	2017 Total funds £
CURRENT ASSETS			
Debtors	6	618	236
Cash at bank and in hand		129,331	135,929
		<u>129,949</u>	<u>136,165</u>
CREDITORS			
Amounts falling due within one year	7	(2,540)	(5,041)
NET CURRENT ASSETS		<u>127,409</u>	<u>131,124</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		127,409	131,124
NET ASSETS		<u>127,409</u>	<u>131,124</u>
FUNDS	8		
Unrestricted funds		127,409	131,124
TOTAL FUNDS		<u>127,409</u>	<u>131,124</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2018.

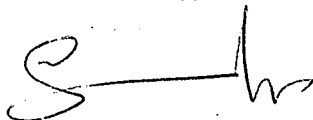
The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 29th April 2019 and were signed on its behalf by:



Dr A C Sweerts de Landas Wyborgh -Trustee

Art Research Creativity & Health
Notes to the Financial Statements
for the Year Ended 31st December 2018

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Donated goods

Donated auction lots are included as income in the financial statements at the estimated value of the goods donated. A corresponding amount is included within charitable expenditure.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity. This is normally upon notification of the interest payable by the deposit holder.

Financial Instruments

Cash and bank

Cash and bank comprises cash on hand and funds held on deposit.

Trade debtors

Trade debtors are amounts due from customers for the provision of services sold in the ordinary course of operations.

Trade debtors are recognised initially at the transaction price and represent the full value of the services charged to customers, including any amounts charged on for third parties.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers.

Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date they are presented as non current liabilities.

Art Research Creativity & Health

Notes to the Financial Statements - continued
for the Year Ended 31st December 2018

2. OTHER TRADING ACTIVITIES

	2018	2017
	£	£
Funds raised from special events: Silent auction and tombola	-	885
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	2018	2017
	£	£
Interest income	418	645
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2018 nor for the year ended 31st December 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st December 2018 nor for the year ended 31st December 2017.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2018	2017
	1	1
Administrative staff	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018	2017
	£	£
Other debtors	618	236
	<u> </u>	<u> </u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018	2017
	£	£
Other creditors	1,400	2,440
Accruals and deferred income	1,140	2,601
	<u> </u>	<u> </u>
	2,540	5,041
	<u> </u>	<u> </u>

8. MOVEMENT IN FUNDS

	At 1.1.18	Net movement	At 31.12.18
	£	in funds	£
		£	
Unrestricted funds			
General fund	131,124	(3,715)	127,409
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	131,124	(3,715)	127,409
	<u> </u>	<u> </u>	<u> </u>

Art Research Creativity & Health

Notes to the Financial Statements - continued
for the Year Ended 31st December 2018

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	3,585	(7,300)	(3,715)
TOTAL FUNDS	<u>3,585</u>	<u>(7,300)</u>	<u>(3,715)</u>

Comparatives for movement in funds

	At 1.1.17 £	Net movement in funds £	At 31.12.17 £
Unrestricted Funds			
General fund	124,155	6,969	131,124
TOTAL FUNDS	<u>124,155</u>	<u>6,969</u>	<u>131,124</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	12,704	(5,735)	6,969
TOTAL FUNDS	<u>12,704</u>	<u>(5,735)</u>	<u>6,969</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.17 £	Net movement in funds £	At 31.12.18 £
Unrestricted funds			
General fund	124,155	3,254	127,409
TOTAL FUNDS	<u>124,155</u>	<u>3,254</u>	<u>127,409</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,289	(13,035)	3,254
TOTAL FUNDS	<u>16,289</u>	<u>(13,035)</u>	<u>3,254</u>

9. RELATED PARTY DISCLOSURES

At the balance sheet date, £950 (2017: £1,470) was owed to Dunsborough Park Estate & Garden Ornaments relating to administrative recharges. Baron Arthur Sweerts De Landas Wyborgh was owed £370 (2017: £560), and his wife Emily was owed £890 (2017: £nil) at the balance sheet date relating to administrative costs incurred on behalf of ARCH during the year.

Baroness A C Sweerts De Landas is married to Baron A J H Sweerts De Landas, the proprietor of Dunsborough Park Estate & Garden Ornaments.

10. ULTIMATE CONTROLLING PARTY

The Charity is controlled by its board of trustees, who are also members of the company.

11. GUARANTEE

Each member of the board has agreed to contribute £1 each to the assets of the Charity in the event of it being wound up.

Art Research Creativity & Health

Detailed Statement of Financial Activities
for the Year Ended 31st December 2018

	2018 £	2017 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations received, including Garden Open Day	3,167	11,174
Other trading activities		
Funds raised from special events: Silent auction and tombola	-	885
Investment income		
Interest income	418	645
Total incoming resources	<u>3,585</u>	<u>12,704</u>
EXPENDITURE		
Raising donations and legacies		
Sundries	-	96
Charitable activities		
Expenses regarding hospice performances	5,320	3,800
Grants to institutions	-	26
	<u>5,320</u>	<u>3,826</u>
Support costs		
Governance costs		
Wages	500	1,165
Accountancy and independent examination costs	1,480	648
	<u>1,980</u>	<u>1,813</u>
Total resources expended	<u>7,300</u>	<u>5,735</u>
Net (expenditure)/income	<u>(3,715)</u>	<u>6,969</u>