



COMPANIES HOUSE

287

Please complete in typescript,
or in bold black capitals.

Change in situation or address of Registered Office

Company Number

02568052

Company Name in full

FOOD FOR THOUGHT (HOLDINGS)
LIMITED



*F287001XX

New situation of registered office

NOTE:

The change in the situation of the registered office does not take effect until the Registrar has registered this notice.

For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.

PO Box numbers only are not acceptable.

Address

UNIT B SUNRISE ENTERPRISE PARK
FERRYBOAT LANE, CASTLETOWN

Post town

SUNDERLAND

County / Region

TYNE & WEAR

Postcode

SR5 3RX

Signed

Date

3.3.97

† Please delete as appropriate.

† a director / secretary / administrator / administrative receiver / liquidator / receiver manager / receiver

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

S N SIMPSON FOOD FOR THOUGHT LTD
LEECHWIRE IND. EST. SUNDERLAND
TYNE & WEAR Tel 0191 5213323
DX number DX exchange



A26 *AIHHDTP* 339
COMPANIES HOUSE 04/03/97

Form revised March 1995

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh