



Companies House

AR01 (ef)

Annual Return



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Company Name: **Body Clock Health Care Limited**

Company Number: **02450177**

Date of this return: **07/12/2015**

SIC codes: **82990**

Company Type: **Private company limited by shares**

Situation of Registered Office: **TREVIOT HOUSE 186-192 HIGH ROAD
ILFORD
ESSEX
UNITED KINGDOM
IG1 1LR**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MRS MARILYN**

Surname: **BASH**

Former names:

Service Address: **2 FOWEY AVENUE REDBRIDGE
ILFORD
ESSEX
UNITED KINGDOM
IG4 5JT**

Company Director **1**

Type: **Person**
Full forename(s): **MRS MARILYN**

Surname: **BASH**

Former names:

Service Address: **2 FOWEY AVENUE REDBRIDGE**
 ILFORD
 ESSEX
 UNITED KINGDOM
 IG4 5JT

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/10/1945** *Nationality:* **BRITISH**
Occupation: **MANAGING DIRECTOR**

Company Director 2

Type: **Person**

Full forename(s): **MR JONATHAN JACK IAN**

Surname: **BASH**

Former names:

Service Address: **C/O 2 FOWEY ROAD REDBRIDGE
ILFORD
ESSEX
UNITED KINGDOM
IG4 5JT**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/05/1973** *Nationality:* **BRITISH**

Occupation: **SOFTWARE ENGINEER**

Company Director **3**

Type: **Person**
Full forename(s): **MRS RASHELLE ANNE**

Surname: **PRESTON**

Former names:

Service Address: **108 GEORGE LANE
SOUTH WOODFORD
LONDON
UNITED KINGDOM
E18 1AD**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/06/1970** *Nationality:* **BRITISH**
Occupation: **SOLICITOR**

Company Director 4

Type: **Person**
Full forename(s): **BRADLEY ADAM**

Surname: **RUBENSTEIN**

Former names:

Service Address: **12/3 NACHAL LUZ RAMAT
BEIT
SHEMESH
ISRAEL**

Country/State Usually Resident: **ISRAEL**

Date of Birth: ****/08/1972** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Company Director **5**

Type: **Person**

Full forename(s): **MRS KAREN**

Surname: **RUBENSTEIN**

Former names:

Service Address: **12/3 NACHAL LUZ RAMAT
BEIT
SHEMESH
ISRAEL**

Country/State Usually Resident: **ISRAEL**

Date of Birth: ****/06/1975** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND, AND CAPITAL DISTRIBUTION RIGHTS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 07/12/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 100 ORDINARY shares held as at the date of this return
Name: BABYCARE TENS LIMITED

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.