REGISTERED COMPANY NUMBER: 02235097 (England and Wales)
REGISTERED CHARITY NUMBER: 298984

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021 FOR YOUNG CONCERN TRUST

Haslers
Chartered Accountants
Old Station Road
Loughton
Essex
IG10 4PL

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their report and the financial statements for the year ended 31st March 2021. The Trustees, who are also Directors for the purposes of company law and who served during the year and up to the date of this report, are set out on page 3.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Trust is governed by its Memorandum and Articles of Association.

OBJECTIVES AND ACTIVITIES

Objectives and aims

To promote the care and protection of the mental health and welfare of young persons who are in need of such care and attention by the provision or assistance in the provision of counselling, educational activities and therapeutic and related services.

Public benefit

The Trustees of YCT take due regard to the requirement that the charity operates in ways that provide public benefit. Trustees are aware of the guidance around public benefit and take it into account when making decisions to which that guidance is relevant.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENT AND PERFORMANCE

YCT (the operating name of the Young Concern Trust) is a charity and company limited by guarantee. Responsibility for YCT's operation lies with the Board of Management which meets regularly throughout the year. The role of the Management Board is to set the strategic direction of the organisation, to oversee its finances, to ensure compliance with all relevant guidance and legislation, to have in place policies and procedures relevant to staff, self-employed therapists and volunteers and to the organisation's function, and to give advice and support in specialist areas. The Management Board regularly reviews its Reserve Fund, ensuring that this equates to an amount needed to adequately close the organisation down if circumstances made it necessary.

YCT's Trustees believe that they comply with their duty to have due regard to the guidance on public benefit published by the Charity Commission.

The Trust's core staff team is based at YCT House in Harlow, YCT's purpose-designed premises from which the team operates and at which some therapeutic input is delivered. A large team of specialist self-employed therapists work on YCT's behalf in a range of locations across Essex, Hertfordshire and London. The Trust's work is delivered through a range of therapeutic models assessed as being relevant to the particular client or client group. Nationally-accredited tools are used to measure the impact of YCT's services; they, and anecdotal feedback from YCT's stakeholders, demonstrate the beneficial outcomes of YCT's interventions. Early intervention in emotional and mental health issues, such as those provided by YCT, can prevent the escalation to more serious conditions, ensuring better outcomes for children and young people and saving the public purse the cost of more expensive and time-consuming treatments. In addition to individual and group work with children and young people YCT supports and trains professional colleagues. Amongst other factors YCT monitors presenting issues, local need, youth culture, government initiatives, etc. in order to ensure that its current and future services are appropriate, beneficial and part of the overall 'offer' to children and young people. During 2020/21 the number of clients supported by YCT was 1122, through the delivery of 7650 hours of therapeutic input.

Regular reports to the Board of Management, including feedback on the results of tools used to measure the impact of the various pieces of work delivered by the organisation, allow the Board to ensure that the work delivered by YCT continues to support its charitable objectives.

The Covid-19 pandemic stress-tested YCT and proved that YCT is a robust organisation, taking a 'can do' approach, able to adapt to changing circumstances and flexible in supplying the services that commissioners and funders require. With face-to-face therapy being impossible the hard work of YCT staff and therapists enabled YCT's service-delivery to be quickly moved to telephone and online working. For the majority of clients this worked well; those who thought it would not work are on a waiting list. YCT's IT system allowed work to continue as normal with the core staff team working remotely. YCT provided complimentary counselling sessions to school staff impacted upon by the pandemic. During the year several new therapies were introduced, including Play Therapy, support for those diagnosed with Autistic Spectrum Disorder and bereavement counselling.

The YCT Board continues to be appreciative of those who fund or commission YCT's services and of its loyal, committed and flexible staff team, volunteers, and self-employed therapists.

FINANCIAL REVIEW

Financial position

Full details are given in the Accounts accompanying this report.

Income £392,115 Expenditure £377,823

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

FINANCIAL REVIEW

Reserves policy

The Trustees of YCT recognise that funds gained by the charity are to be used for the public benefit, and should not be held back or kept in reserve without good cause.

YCT holds reserves as follow:

Fiscal Responsibility Fund: Once per quarter Trustees consider and approve a sum of money needed to shut the charity down effectively if such circumstances were forced upon it. In March 2021 the sum approved was £40,505.

In order to support the sustainability and long-term development of YCT the Trustees also hold funds based on a) development of the organisation b) sustainability of the organisation and c) future building and accommodation needs.

Development Fund: £30,000

Sustainability Fund: £49,635

Premises Fund: £13,605

The Trustees believe that YCT is in a sound financial situation with a broad funding base and with an ability to effectively react to changing circumstances

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02235097 (England and Wales)

Registered Charity number

298984

Registered office

Yct House Maddox Road Harlow Essex CM20 3GA

Trustees

Neil Frost (Chair)
Mark Ingall
Claire Liggins (Treasurer)
Andrew Linton
Isobel Urquhart
Nigel Varnam (Vice Chair)

Company Secretary

Mr Nigel Varnam

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Haslers
Chartered Accountants
Old Station Road
Loughton
Essex
IG10 4PL

Bankers

CAF Bank Limited 25 Kings Hill Avenue West Maling Kent ME19 4JQ

Solicitors

Attwater Jameson & Hill Rothwell House West Square The High Harlow, Essex CM20 1LQ

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 4 November 2021 and signed on its behalf by:

Mr Neil Frost - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUNG CONCERN TRUST

Independent examiner's report to the trustees of Young Concern Trust ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

P J Thain BA(Hons) FCCA ACCA Haslers Chartered Accountants Old Station Road Loughton Essex IG10 4PL

4 November 2021

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	7.2.2.2	3,042	96,445	99,487	84,667
Charitable activities General charitable activities Essex Educational and Community Settings Hertfordshire Educational and Community		630 -	- 174,547	630 174,547	840 166,775
Settings		-	105,917	105,917	70,999
Investment income Other income Total	2	200 11,334 15,206	- - 376,909	200 11,334 392,115	555 - 323,836
EXPENDITURE ON Raising funds		-	9,547	9,547	9,556
Charitable activities General charitable activities BBC Children In Need Essex Educational and Community Settings Hertfordshire Educational and Community Settings Harlow Health Centres Trust Treat fund		4,797 - - - -	44,972 37,711 174,784 106,012	49,769 37,711 174,784 106,012	65,122 32,668 182,650 70,764 410
Total		4,797	373,026	377,823	361,170
NET INCOME/(EXPENDITURE)		10,409	3,883	14,292	(37,334)
RECONCILIATION OF FUNDS					
Total funds brought forward		181,440	182,704	364,144	401,478
TOTAL FUNDS CARRIED FORWARD		191,849	186,587	378,436	364,144

BALANCE SHEET 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS Tangible assets	7	17,503	~ 31,251	48,754	57,811
CURRENT ASSETS Debtors Cash at bank and in hand	8	18,106 202,947 221,053	34,201 217,944 252,145	52,307 420,891 473,198	55,728 354,111 409,839
CREDITORS Amounts falling due within one year	9	(46,706)	(96,810)	(143,516)	(103,506)
NET CURRENT ASSETS		174,347	155,335	329,682	306,333
TOTAL ASSETS LESS CURRENT LIABILITIES		191,850	186,586	378,436	364,144
NET ASSETS FUNDS Unrestricted funds:	11	191,850	186,586	378,436	364,144
General fund Fiscal Responsibility fund Premises fund Sustainability fund Development fund				58,105 40,505 13,605 49,635 30,000 191,850	47,695 40,505 13,605 49,635 30,000 181,440
Restricted funds TOTAL FUNDS				186,586 378,436	182,704 364,144

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

BALANCE SHEET - continued 31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

subject to the small companies regime.
The financial statements were approved by the Board of Trustees and authorised for issue on 4 November 2021 and were signed on its behalf by:
Mr Neil Frost - Trustee
Mr Nigel Varnam - Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property - Straight line over 16 years Fixtures and fittings - Straight line over 3 years

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

2. INVESTMENT INCOME

			2021	2020
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Deposit account interest	200		200	<u>555</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	<u> 10,111</u>	9,846

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

5. STAFF COSTS

	2021 £	2020 £
Wages and salaries	155,711	159,752
Therapists	159,448	117,544
Other pension costs	5,106	5,619
	320,265	282,915
The average monthly number of employees during the year was as follows: Project Director Clinical Lead Service Co-Ordinator Administrator (Part-time) Administrator (Full time) Finance Officer Senior administrator	2021 1 1 1 1 1 1 1 1	2020 1 1 1 1 1 1 1

No employees received emoluments in excess of £50,000.

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVI	Unrestricted funds £	Restricted funds	Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	25,054	59,613	84,667
Charitable activities General charitable activities Essex Educational and Community	840	-	840
Settings Hertfordshire Educational and Community	-	166,775	166,775
Settings	-	70,999	70,999
Investment income Total	<u>555</u> 26,449	297,387	555 323,836
EXPENDITURE ON Raising funds	-	9,556	9,556
Charitable activities General charitable activities BBC Children In Need Essex Educational and Community	65,122 -	- 32,668	65,122 32,668
Settings Hertfordshire Educational and Community	-	182,650	182,650
Settings Harlow Health Centres Trust Treat fund	- -	70,764 410	70,764 410
Total	65,122	296,048	361,170
NET INCOME/(EXPENDITURE)	(38,673)	1,339	(37,334)
RECONCILIATION OF FUNDS			
Total funds brought forward	220,113	181,365	401,478
TOTAL FUNDS CARRIED FORWARD	181,440	182,704	364,144

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

7. TANGIBLE FIXED ASSETS

			Fixtures	
		Freehold	and	
		property	fittings	Totals
		£	£	£
	COST			
	At 1 April 2020	147,696	22,870	170,566
	Additions	<u> 350</u>	<u>704</u>	1,054
	At 31 March 2021	148,046	23,574	171,620
	DEPRECIATION			
	At 1 April 2020	89,885	22,870	112,755
	Charge for year	<u> 10,111</u>		10,111
	At 31 March 2021	99,996	22,870	122,866
	NET BOOK VALUE			
	At 31 March 2021	<u>48,050</u>	<u>704</u>	<u>48,754</u>
	At 31 March 2020	<u>57,811</u>		57,811
8.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
			2021	2020
			£	£
	Other debtors		39,286	39,210
	Prepayments and accrued income		13,021	16,518
			52,307	55,728
^	ODEDITODO, AMOUNTO FALLINO DUE MUTURI ONE VEAD			
9.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2024	2020
			2021 £	2020 £
	Bank loans and overdrafts (see note 10)		283	14,680
	Payments on account		115,893	66,843
	Social security and other taxes		3,667	2,917
	Pension creditor		741	2,317
	Accrued expenses		22,932	19,066
	Accided expenses		143,516	103,506
			140,010	100,000
10.	LOANS			
	An analysis of the maturity of loans is given below:			
			2021	2020
			£	2020 £
	Amounts falling due within one year on demand:		~	4
	Bank overdrafts		283	14,680
	ENTIT OF OTHER MEDICAL PROPERTY OF THE PROPERT			

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

11. MOVEMENT IN FUNDS

MOVEMENT IN FUNDS			
	At 1/4/20	Net movement in funds	At 31/3/21
	£	£	£
Unrestricted funds			
General fund	47,695	10,410	58,105
Fiscal Responsibility fund	40,505	-	40,505
Premises fund	13,605	-	13,605
Sustainability fund	49,635	-	49,635
Development fund	30,000		<u>30,000</u>
	181,440	10,410	191,850
Restricted funds			
Harlow Health Centres Trust Treat			
Fund	243	-	243
Essex Educational and Community			
Settings	147,511	10,223	157,734
Greater London Educational Settings	(283)	-	(283)
Hertfordshire Educational and	• •		
Community Settings	(2,268)	(91)	(2,359)
YCT Property Fund	37,501	(6,250)	31,251
	182,704	3,882	186,586
TOTAL FUNDS	364,144	14,292	378,436
Net movement in funds, included in the above are as follows:			
	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	_	~	-
General fund	15,206	(4,796)	10,410
	.0,=00	(1,100)	,
Restricted funds			
Essex Educational and Community			
Settings	270,992	(260,769)	10,223
Hertfordshire Educational and	2,0,002	(200,700)	.0,220
Community Settings	105,917	(106,008)	(91)
YCT Property Fund	-	(6,250)	(6,250)
101 Topolty Fulla	376,909	(373,027)	3,882
TOTAL FUNDS	392,115	(377,823)	14,292
TO TAL FUNDS	<u> 352,113</u>	(311,023)	14,292

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

		Net	
		movement	At
	At 1/4/19	in funds	31/3/20
	£	£	£
Unrestricted funds			
General fund	83,307	(35,612)	47,695
Fiscal Responsibility fund	43,566	(3,061)	40,505
Premises fund	13,605	-	13,605
Sustainability fund	49.635	-	49,635
Development fund	30,000	-	30,000
•	220,113	(38,673)	181,440
Restricted funds	,	X - / - /	,
Harlow Health Centres Trust Treat			
Fund	653	(410)	243
Essex Educational and Community		(-)	
Settings	139.746	7.765	147,511
Greater London Educational Settings	(283)	, <u>-</u>	(283)
Hertfordshire Educational and	ζ=,		(/
Community Settings	(2,502)	234	(2,268)
YCT Property Fund	43,751	(6,250)	37,501
1 3	181,365	1,339	182,704
TOTAL FUNDS	401,478	(37,334)	364,144

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,449	(62,061)	(35,612)
Fiscal Responsibility fund		(3,061)	(3,061)
	26,449	(65,122)	(38,673)
Restricted funds			
Harlow Health Centres Trust Treat			
Fund	-	(410)	(410)
Essex Educational and Community			
Settings	226,389	(218,624)	7,765
Hertfordshire Educational and			
Community Settings	70,998	(70,764)	234
YCT Property Fund		<u>(6,250</u>)	<u>(6,250</u>)
	297,387	<u>(296,048)</u>	1,339
TOTAL FUNDS	<u>323,836</u>	<u>(361,170</u>)	<u>(37,334</u>)

The fiscal responsibility fund is a reserve fund designated by the directors in order to protect against any sudden loss of income. The amount of reserves is set so as to enable the company to meet all staff redundancy costs plus a provision for legal costs associated with the winding up of the organisation.

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

11. MOVEMENT IN FUNDS - continued

The Premises Fund was designated by the Directors to provide for any future large scale refurbishment or repair work.

The Sustainability Fund was designated by the Directors to support core costs of the organisation during a period of significant transition.

The Development Fund was designated by the Directors as a provision for the future development of the organisation with a view of generating increased income streams in order to add further stability.

Harlow Health Centres Trust Treat Fund provides for pastoral care of staff and volunteers of YCT.

The Fowler Smith and Jones Fund together with The People's Millions Fund provided a contribution towards the cost of refurbishing YCT House. This contribution has been fully utilised and both of these funds have been combined into the YCT Property Fund. The fund balance represents the net book value of the refurbishment funded.

Essex Educational and Community Settings fund one to one counselling in schools, academies, specialist schools, alternative educational establishments and colleges and Harlow Council Partnership Grant supports one to one counselling support for 11 - 25 year olds in Harlow, including online. The Garfield Weston foundation also supports one to one counselling for 11 - 25 year olds in Harlow and the surrounding area. The West Essex Youth Strategy Group funds Mental Health Awareness sessions and Keep YourSelf Safe (KYSS) risky behaviour programmes in secondary schools.

Greater London Educational Settings funds one to one counselling in schools.

Hertfordshire Educational and Community Settings fund one to one counselling in schools, academies, and colleges, and Hertfordshire County Council funds a one to one counselling service for young people (13-19 years) in Bishops Stortford, Cheshunt, Ware, Royston and Buntingford. The CAMHS Transformation Innovation Fund provides parent-child dyad work in East Herts/Browbourne.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.