# EAST OF ENGLAND

| *Voluntary Group* | *Activity Description* |
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| **BEDFORDSHIRE** | |
| Azalea | Empowering sustainable rehabilitation of women, men and neighbourhoods impacted by sex trafficking. |
| Luton and Dunstable Tamil Aalayam | Empowering youth to embrace Tamil heritage, building confidence and a cohesive society. |
| The Friends of Bedford Cemetery (Foster Hill Road) | Protecting the heritage, landscape and natural environment for all. |
| Volunteers of John Bunyan Museum and Library | Preserving and showcasing the life, faith and works of John Bunyan, inspiring generations worldwide. |
| **ESSEX** | |
| BASICS Essex | Provides pre-hospital critical care across Essex, saving lives and reducing suffering. |
| Just Ride Southend | Providing inclusive cycling sessions for all ages and abilities in a safe and welcoming space. |
| Teddy Bears Fun Time | Providing a safe, welcoming place for pre-school children to develop their social skills through play. |
| Touchpoint | Community initiatives addressing emotional, financial and physical wellbeing, and social isolation. |
| Women of Grace UK | Providing year-round support, safe spaces, and well-being for women affected by FGM and GBV. |
| Women Together | Empowering vulnerable women through fitness, health education, arts & crafts, food and talent shows. |
| **HERTFORDSHIRE** | |
| 30th St Albans Guides | Giving Girl Guides with SEND the confidence to know that they can do anything. |
| Holy Trinity Night Shelter and Community Outreach | Supporting homeless people and those with precarious living arrangements into more stable accommodation. |
| Home-Start Watford & Three Rivers | Supporting and empowering parents to give every child the childhood they deserve. |
| St Albans Good Neighbour Scheme | Supporting St Albans residents both practically and emotionally with acts of "organised kindness". |
| Watford Workshop | Empowering adults with disabilities by providing opportunities to work, learn and flourish. |
| **NORFOLK** | |
| Dereham Aid Centre | Dereham Aid Centre supporting anyone vulnerable by circumstance and without judgement. |
| Helping Hands Breckland | Empowering individuals and strengthening communities through compassion and support. |
| **SUFFOLK** | |
| Dora Brown | Transforming homes for families in crisis. |
| Pathways Care Farm | A therapeutic farm creating a world where everyone is valued as themselves. |
| St Elizabeth Hospice Walk On (East Suffolk) | Providing support through connection, understanding and shared grief. |
| The Befriending Scheme | Supporting vulnerable and socially isolated people through friendship, learning and inclusion. |
| The Sutton Hoo Ship's Company | Bringing history to life, preserving heritage skills and inspiring communities through learning. |