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The Queen's Award for Voluntary Service 2009

HER MAJESTY THE QUEEN has been graciously pleased to confer Her Awards in 2009 upon the following groups in recognition of their outstanding voluntary work in the community:

East of England

Voluntary Group

Bedfordshire and Northamptonshire Multiple Sclerosis Therapy Centre

Heartstart Medics (Norwich)

Hospital Radio Norwich

NCI Coastwatch Mundesley

Isabel Hospice

Khalsa Football Academy—Striving for Unity

Northern Heights Volunteers—Girlguiding Middlesex East

Turnford Netball Club

Activity Description

providing therapy, information and support for people with Multiple Sclerosis

introducing emergency life support skills into school curriculums across Norfolk helping to relieve the stress and distress of a hospital stay through broadcasting and bedside visits

assisting HM Coastguard by providing a lookout service over the North Norfolk coast

delivering holistic care to hospice patients and their families in eastern Hertfordshire

bringing different people together through the participation of Asian young people in footballing activities

maintaining a campsite and offering adventure-filled environmental activities to young people and other community groups

encouraging girls from Broxbourne and surrounding areas to develop a healthy lifestyle through a team sport