with the others succeeded in restraining the robber until the police arrived.

Colin John Goodson, Metropolitan Police Paul Terence Myring, Metropolitan Police

For services in respect of courage and professional skill in examining massive booby-trapped improvised explosive devices, making them safe and recovering the constituent parts.

David John HEANUE, Constable, British Transport Police

For services in rescuing a lady who had fallen in the river. Constable Heanue in company with another officer was travelling by police car between railway stations. His car was flagged down in the early morning by a man who told them that his girlfriend had fallen into the river. At danger to himself, Constable Heanue dived in the river, approximately ten feet below, to rescue her. The river at this point has extremely strong currents and was running at an estimated speed of four knots. Having reached the girl, who was exhausted and unable to swim any further, Constable Heanue towed her to a nearby pier, a distance of approximately 100 metres. Here she was lifted to safety by other officers assisted by Constable Heanue who remained in the water. At this point he was pulled under the pier by the strong current. Another officer climbed down the pier's ironwork to hold Constable Heanue in a safe position and with the aid of a rope he was lifted to safety by the Fire Service.

Thomas HILL, Constable, Bedfordshire Constabulary Raymond John Schreiner, Constable, Bedfordshire Constabulary

For services in chasing armed robbers following a robbery. Constables Schreiner and Hill were on mobile patrol when they received a radio message describing an armed robbery that had taken place. The two constables spotted the vehicle reportedly used by the robbers and immediately gave chase. As they followed, shots were fired from the suspect vehicle directly at the officers but they continued to maintain pursuit. Despite being shot at four times, Constable Schreiner, who was driving, continued to keep the suspect vehicle in sight even when shots struck his vehicle. Constable Hill in the front passenger seat maintained radio contact with other police vehicles, describing the route taken and ensuring support was available when the suspect vehicle eventually stopped. When the suspects vehicle stopped, three men left the vehicle and both officers continued the chase on foot until joined by other officers. One of the suspects was subsequently arrested with the help of a police dog team.

Alan Derek King (deceased), Sergeant, Metropolitan Police

For services in attempting, when alone, to question and restrain a man acting suspiciously in the early hours of the morning. Sergeant King was on duty in his police car and at about 1 a.m. he appears to have taken the initiative to investigate a man seen acting suspiciously near a parked vehicle. The police car double parked alongside the suspect vehicle, and witnesses from houses opposite describe being woken by shouting and seeing Sergeant King being attacked in a fierce struggle in the roadway, by a man connected with the suspect car. He was seen to fall to the ground

and the attacker walked away from him towards nearby flats. Sergeant King then got up and staggered down the road flagging down an approaching car. He was unable to use his radio microphone as the connecting wire had been cut in the struggle. The attacker saw this and ran after Sergeant King shouting that he was going to get him. Catching up with the sergeant as he was about to get into the car the man was seen to further stab him about the chest causing fatal injuries. The attacker, then joined by an accomplice, moved the police car and drove off in their own vehicle.

William Hughes MAWHINNEY, Constable, Royal Ulster Constabulary
Philip McMurtry, Constable, Royal Ulster Constabulary
Ian James Stewart, Constable, Royal Ulster Constabulary

For Bravery in Northern Ireland

Mary Josephine McKinney, Reserve Constable, Royal Ulster Constabulary Christopher Neill Wilkinson, Reserve Constable, Royal Ulster Constabulary

For Bravery in Northern Ireland

Paul Michael Mizzi, Constable, Surrey Constabulary

For services in detaining an armed robber who was threatening a petrol station cashier. Constable Mizzi was off duty when he saw a man threatening the cashier of a petrol station with a gun. He moved from his car to a place outside the station cash point, and as the offender came out, still carrying the gun, he tackled him. A violent struggle ensued as he attempted to disarm the man. He eventually managed to overpower the gunman, disarmed him and secured his arrest. Only afterwards did it become apparent that the gun was a realistic replica, which was recovered from the gunman along with a small kitchen knife.

David William Henry TRACE, Bristol

For services in tackling three robbers who were attempting to rob a Post Office. Mr Trace arrived at a Post Office to collect his disability pension, when he saw a man inside threatening the occupants with a machete. Although disabled and in poor health, Mr Trace entered, wrestled the man to the ground and then threw him out of the Post Office door into the street. He subsequently brought the man back into the Post Office and forced him to release the machete, which was then kicked away. At this point two other men came into the Post Office customer area from a rear door, one holding a sledge hammer and the other a pistol. The man with the sledge hammer aimed a blow at Mr Trace but missed, and Mr Trace kicked him, forcing him to the ground. The man holding the pistol, only later found to be a replica, pointed it at Mr Trace at point blank range but was tackled and disarmed by Mr Trace. Mr Trace was attacked again by one of the men now armed with a knife, sustaining cuts to his wrist. At this point all three men made their escape in a stolen car.