- Muriel, Mrs. JENNINGS, Organiser, RSVP in Kent. For services to the community in Kent.
- Glynne Thomas JERMAN, Forest Craftsman, Forestry Commission
- Mary, Mrs. JOHNSTON. For services to the community in Tranent, East Lothian.
- John Griffith JONES, Senior Professional and Technology Officer, Ministry of Defence.
- Kathleen Elizabeth, Mrs. JONES. For services to the Women's Royal Voluntary Service in Wales.
- Paul Anthony JONES, Higher Executive Officer, Companies House Executive Agency.
- Miss Audrey May JOY, Senior Prison Officer, Her Majesty's Prison and Young Offenders' Institution East Sutton Park.
- Elizabeth Marian, Mrs. KEATING, Managing Director, Heirlooms Ltd. For services to Export and to the Linen Industry.
- Miss Anna Josephine Bernadette KELLY, Administrative Officer, Department of Agriculture, Northern Ireland Civil Service.
- Robert Thomas KEMP, Coxswain, Walton and Royal National Lifeboat Frinton Lifeboat, Institution.
- Miss Bridget KENDALL, Moscow Correspondent, British Broadcasting Corporation Radio. For services to Broadcasting.
- Diana Frances, Mrs. KENNEDY, Administrative Officer, Ministry of Defence.
- Miss Agnes KERR, Music Tutor. Her Majesty's Prison, Shots.
- May, Mrs. KILROY. For services to Swimming and the community in Royton, Oldham.
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- Gordon KITTO. For services to the Brass Band Movement.
- Ronald George KNIGHT, Grants Secretary, Women's Royal Voluntary Service.
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- Lazo KONCAR. Former Chairman, Central London Dial-a-Ride. For services to Disabled People. James Frederick LACEY. For political service.
- Miss Valerie Mary LAIDLER, lately County Road
- Safety Officer, Northumberland County Council.
- John Joseph LANE, Mooring Master, Ranworth Staithe, Norfolk Broads.
- Rodney James LANE, Assistant Divisional Officer, Devon Fire and Rescue Service.
- Robin John LATTIMORE, Field Worker, Social Work Department, Grampian Regional Council.
- Robert LAUCHLAN. For services to the community in Kilwinning, Ayreshire.
- Margaret Elizabeth, Mrs. LEE, Secretary, Crohn's in Childhood Research Association. For services to Health Care.
- Georgina Ivy Katterina, Mrs. LEGERTON, Member, Kingston Hospital Special Trusts Fund Panel, Surrey. For services to Health Care.
- Jim LEGG, lately Welfare Controller. Westland Helicopters Ltd. For services to the Helicopter Industry.
- James Gerrard LEGGETT, lately Senior Instructional Officer, Ministry of Defence.
- John Eric LEWIS. For services to the Disabled in South Wales.

- Miss Veronica LEWIS, Director, Cheshire Dance Workshop. For services to Dance.
- William Buchanan LINDSAY, lately Estate Worker, Scottish Natural Heritage. For services Environmental Protection.
- Brian LITTLE, Higher Professional and Technology Officer, Department of Transport.
- Betsy McLarty, Mrs. LOCH, Administrative Officer, Scottish Office.
- Oonagh Emily, Mrs. LOCKWOOD, Pensions Administrator, NI Transport Holding Company. For services to the Transport Industry.
- Michael Godfrey LOMBARD, Leading Firefighter Retained, Hampshire Fire Brigade.
- Miss Hazel Joan LONG, Personal Secretary, Ministry of Defence.
- Kenneth William LOOSELEY. For services to Sport and to the St. John Ambulance Brigade.
- Pamela, Mrs. LOVE, Divisional Superintendent, Walton and District Quadrilateral Division, St. John Ambulance Brigade.
- Margaret Shan, Mrs. LUCK, Chief Executive, Advanced Training Associates. For services to Training in the South West.
- Iris Ellen Edith Mrs LUDGATE, Administrative Officer, Companies House Executive Agency.
- David James LYTHGOE, Loco Electrician, Wistow Mine, British Coal Corporation. For services to the Coal Industry.
- Vincent MABBUTT. For Gary services to Association Football.
- Elizabeth Ann Kathleen Jenkins, Mrs. MacASKILL, Member Western Isles Islands Council. For services to Local Government.
- Jean, Mrs. MACDONALD, Senior Nurse, Special Care Baby Unit, Wycombe General Hospital, Buckinghamshire. For services to Health Care.
- Jimmie MacGREGOR. For services to Scottish Culture and Heritage.
- Ronald William MacGREGOR, Estate Gamekeeper and Stalker, Atholl Estates. For services to Scottish Rural Life.
- Robert John MACKAY, Deputy Engineer in Chief, Northern Lighthouse Board. For services to Safety
- Ronald MacKELLAIG. For services to the Glenfinnan Monument, National Trust Scotland.
- Jean Helen, Mrs. MACKENZIE, lately Senior Personal Secretary, Ministry of Defence.
- Kenneth MACKENZIE. For services to the Search and Rescue Dog Association.
- Ian MACKINNON, Farm Manager, Straithaird Estate, Isle of Skye. For services to Agriculture.
- Moira, Mrs MACLEAN. For services to Scottish Forum on Prisons and Families.
- Miss Stella Dorothy Clayton MacRAE. For services to the British Red Cross Society, Isle of Arran.
- Ann Christine, Mrs. MacTAGGART, Executive Officer, Department of Employment.
- James MAIN, lately Director of Estates, University of Aberdeen. For services to Education.
- Robert Parnell MANDEVILLE, General Medical Practitioner, Glasgow. For services to Medicine.
- Clifford H. MANNING. For services to the Civil Service Benevolent Fund.