

- HOOK, Frank William, Technician, Class I, Canterbury Telephone Area.
- HOOKWAY, Ernest George, Assistant Inspector, Post Office, Cardiff.
- HORTON, Cyril Maurice, Inspector, Post Office, Birmingham.
- HOWARD, Robert, Technician, Class I, Newcastle-on-Tyne Telephone Area.
- HOWARTH, Edith Margery, Supervisor, Blackburn Telephone Area.
- HOWES, Martin Joseph, Postman, Worcester.
- HOWSON, James, Technician, Class I, Manchester Telephone Area.
- HUBERT, Ethel Maria, Postal and Telegraph Officer, Guernsey.
- HUGHES, Francis William, Postal and Telegraph Officer, Leeds.
- HUGHES, John, Postman, Shrewsbury.
- HUGHES, Sam, Technician, Class I, Bradford Telephone Area.
- HUGHES, Wilfred Patrick, Overseer, London Postal Region.
- HUGHES, William, Technician, Class I, Taunton Telephone Area.
- HULKS, Jack Allen, Postman, London Postal Region.
- HUMPHREY, Albert Frederick, Postman, Epsom.
- HUNT, Albert Victor, Postman, Higher Grade, London Postal Region.
- HUNT, Francis Alfred, Overseer, London Postal Region.
- HUNT, Robert William, Telephone Mechanic, Post Office, Birmingham.
- HUNTLY, Leo Philip, Postman, Higher Grade, London Postal Region.
- HURST, Christian William Gordon, Assistant Inspector, London Postal Region.
- HUTCHINS, James, Postman, London Postal Region.
- HYDE, Harry Edward, Postman, London Postal Region.
- INNS, Albert Edward Victor, Postman, London Postal Region.
- ISACKÉ, Norma Ford, Chief Supervisor, Post Office, Birmingham.
- IVORY, Violet May, Assistant Supervisor, London Telecommunications Region.
- JANES, Sidney Ezra, Supervisor, London Telecommunications Region.
- JEFFORD, James William, Postman, Higher Grade, Great Yarmouth.
- JENKINSON, Arnold Wistow, Inspector, Post Office, Sheffield.
- JESSOP, William, Labourer, Leeds Telephone Area.
- JOHN, James Clifford, Technician, Class I, Swansea Telephone Area.
- JOHNSON, Albert, Technician, Class I, Manchester Telephone Area.
- JOHNSON, George Myers, Assistant Superintendent, Post Office, Hull.
- JOHNSON, Thomas, Postman, Southport.
- JOHNSON, William, Postman, Leeds.
- JOHNSTON, James, Postman, Belfast.
- JONES, Harold Ellis, Postal and Telegraph Officer, Dudley.
- JONES, William, Technical Officer, Manchester Telephone Area.
- JUDEN, Louis John, Inspector, London Telecommunications Region.
- KANE, Thomas, Assistant Supervisor, Post Office, Harrogate.
- KANEY, Joseph, Technician, Class I, Leeds Telephone Area.
- KEELING, Phyllis Emily, Chief Supervisor, London Telecommunications Region.
- KEIR, Ann Wright, Supervisor, Edinburgh Telephone Area.
- KELLY, Samuel, Postman, Dundee.
- KENNEDY, Hugh, Assistant Inspector, Post Office, Belfast.
- KENNY, Christopher, Assistant Inspector, Post Office, Glasgow.
- KENSETT, Augustus, Postman, London Postal Region.
- KENT, Fred West, Postman, Higher Grade, Horncastle.
- KERR, William, Postal and Telegraph Officer, Glasgow.
- KIMM, Thomas, Postman, New Abbey Sub-Office, Dumfries.
- KING, Sydney Arthur, Assistant Inspector, London Postal Region.
- KINGSCOTE, Victor Charles, Assistant Inspector, Dursley Sub-Post Office, Gloucester.
- KITCHING, Joseph Lidster, Postman, Beverley.
- KNIGHT, Albert John, Postman, Higher Grade, London Postal Region.
- KNIGHT, Frederick, Postman, Higher Grade, Glasgow.
- KNIGHT, James Victor, Assistant Superintendent, Post Office, St. Albans.
- KNOWLSON, George, Assistant Inspector, Post Office, Thirsk.
- LAMB, Dawson Baker, Assistant Supervisor, Post Office, Newcastle-on-Tyne.
- LAMBERT, Robert, Sorting Clerk and Telegraphist, Liverpool.
- LANGSDALE, Ernest Edward, Postal and Telegraph Officer, Nottingham.
- LAVRIE, William McFadzean, Postal and Telegraph Officer, Sheffield.
- LAW, Lilian May, Telephonist, Post Office, Ascot.
- LAWRENCE, Stanley Edward Raymond, Technical Officer, London Telecommunications Region.
- LEE, Charles Frederick, Postman, Colchester.
- LEE, Charles Leonard Gower, Postal and Telegraph Officer, London Postal Region.
- LEE, Eva Florence, Chief Supervisor, Post Office, Lincoln.
- LEES, Thomas William, Postman, Birmingham.
- LEGG, Ronald Henry, Technical Officer, Brighton Telephone Area.
- LIMBRICK, Percival John Pettitt, Overseer, London Postal Region.
- LINDLEY, Louisa, Telephonist, Post Office, Exeter.
- LINDSAY, John, Postman, Dundee.
- LINFOOT, Charles, Postal and Telegraph Officer, Sunderland.
- LIPPINCOTT, Henry CANN-, Assistant Supervisor, London Telecommunications Region.
- LISTER, John Diego, Chief Inspector, Post Office, Sheffield.
- LOCK, Victor William, Technical Officer, Bristol Telephone Area.
- LOCKYER, Gertrude Victoria, Postal and Telegraph Officer, Liverpool.
- LONG, Edith Annie, Overseer, Post Office, Watford.
- LOOKER, Florence Winifred, Assistant Supervisor, Post Office, Watford.
- LOVELACE, Mathew, Overseas Telegraph Operator, General Post Office.
- LOWDON, Percival, Postman, Newcastle-on-Tyne.
- LOWE, Frank, Technician, Class I, Manchester Telephone Area.