

- HARRIS, Violet Trevarton, Assistant Supervisor, Post Office, Newcastle-on-Tyne.
- HARVEY, Raymond Maxwell, Technician, Class I, London Telecommunications Region.
- HAWKINS, James Ernest, Labourer, Grade I, Ministry of Supply, Woolwich.
- HAYNES, Reggie, Technician, Class I, London Telecommunications Region.
- HAYSOM, Archibald Andrew, Technician, Class I, Bournemouth Telephone Area.
- HAYWARD, George Sidney, Postal and Telegraph Officer, Swindon.
- HEDGES, Arthur, Postman, Clevedon Sub-Office, Bristol.
- HERIOT, Edward, Postman, Higher Grade, London Postal Region.
- HICKSON, Ernest Arthur, Technical Officer, Coventry Telephone Area.
- HITT, Archibald, Assistant Superintendent, Post Office, Belfast.
- HOARE, Grace, Postal and Telegraph Officer, Shanklin Sub-Office, Ryde, Isle of Wight.
- HOGAN, Ernest Walter, Assistant Inspector, London Postal Region.
- HOLLIDAY, Cyril, Postman, Leeds.
- HOMAN, Ernest Henry, Assistant Superintendent, London Postal Region.
- HOMEWOOD, Henry Shandon Kent, Postman, London Postal Region.
- HOOPER, Elsie Andrews, Chief Supervisor, London Telecommunications Region.
- HOWIE, William, Inspector, Post Office, Glasgow.
- HUGHES, Clifford Charles, Postal and Telegraph Officer, London Postal Region.
- HUGHES, Gertrude, Assistant Supervisor, Post Office, Stoke-on-Trent.
- HURST, Alfred Cyril, Assistant Superintendent, London Postal Region.
- ILLING, Clement, Chargeman of Labourers, Royal Victoria Yard, Deptford.
- IRELAND, Dorothy Isabel, Overseer, Post Office, Leeds.
- IVES, Benjamin, Postman, Higher Grade, Carlisle.
- JACKSON, John Willie, Assistant Inspector, Post Office, Doncaster.
- JACOBS, John Vincent, Postman, London Postal Region.
- JEEVES, Walter James, Postman, Higher Grade, London Postal Region.
- JERMEY, Thomas Robert, Sorter, London Postal Region.
- JESSE, Victor Albert, Assistant Shipfitting Overseer, Admiralty, Newcastle.
- JOHN, Sidney, Mechanic Examiner, Ministry of Supply, Woolwich.
- JONES, Gladys Irene, Assistant Supervisor, London Telecommunications Region.
- JONES, John David, Technician, Class I, Chester Telephone Area.
- KEEGAN, Walter Joseph, Postman, Bradford.
- KERRIGAN, Arthur, Assistant Inspector, London Postal Region.
- KERSLAKE, Aubrey Josiah, Postman, South Molton Sub-Office, Barnstaple.
- KETTLE, William James, Postman, Manchester.
- KIDD, Alexander John, Technician, Class I, Portsmouth Telephone Area.
- KINLOCH, James Strathearn, Postman, Dumbarton.
- KIRK, Frederick Augustus, Cleaner, London Postal Region.
- LAMBERT, Harry Arthur, Postman, Oakhill Sub-Office, Bath.
- LAMBERT, William, Postman, Higher Grade, Gravesend.
- LANCASTER, Thomas, Overseer, Post Office, Penrith.
- LANGFORD, George Robert, Technician, Class I, Bedford Telephone Area.
- LANGFORD, Sidney George, Postman, Higher Grade, London Postal Region.
- LANGMAN, Henry Robert, Civilian Instructor Grade III, Air Ministry.
- LANGRIDGE, Ernest Arthur George, Research and Experimental Mechanic, Royal Aircraft Establishment, Ministry of Supply, South Farnborough.
- LEIGH, Frederick, Inspector, Post Office, Liverpool.
- LEVETT, Thomas, Technician, Class I, London Telecommunications Region.
- LEWIS, Edward Alfred, Postman, London Postal Region.
- LIGHT, Alfred Charles, Inspector, Post Office, Cardiff.
- LLOYD, William Francisco, Technician, Class I, Southend-on-Sea Telephone Area.
- LOFT, Robert George, Engine Fitter, H.M. Dockyard, Chatham.
- LYONS, Frederick William, Postman, Birmingham.
- MCBAIN, Kenneth, Technician, Class I, London Telecommunications Region.
- MCCALLUM, Mabel Phillips, Supervisor, Post Office, Glasgow.
- MCCARTHY, Patrick, Skilled Labourer, Royal Victoria Yard, Deptford.
- MCCONKEY, James Arthur, Postman, Donaghadee Sub-Office, Belfast.
- MCDONOUGH, Thomas, Technician, Class I, Manchester Telephone Area.
- MCKERROW, Andrew, Assistant Inspector, Post Office, Kelso.
- MCMURTRIE, Samuel, Inspector, Post Office, Glasgow.
- MCWILLIAM, Philip John, Chief Inspector, Post Office, Liverpool.
- MAGILL, Robert John, Chargeman of Fitters, H.M. Dockyard, Devonport.
- MALBY, Ewart Edgar, Principal Prison Officer, H.M. Prison, Lewes.
- MALTWOOD, Thomas William, Mail Porter, London Postal Region.
- MANTELL, Frederick William Charles, Postman, London Postal Region.
- MARTIN, Andrew, Postal and Telegraph Officer, Hastings.
- MATHIESON, Albert Levi, Overseer, London Postal Region.
- MATTHEWS, John Lucas, Skilled Labourer, H.M. Dockyard, Devonport.
- MAUND, William Henry, Technician, Class II(A), London Telecommunications Region.
- MEADOWCROFT, Daniel, Technician, Class I, Manchester Telephone Area.
- MERRIMAN, Albert, Postman, London Postal Region.
- MIDDLETON, Arthur William, Postman, Norwich.
- MITTON, Frank George, Head Porter, London Postal Region.
- MOREY, Henry Hall, Joiner, H.M. Dockyard, Devonport.
- MORLEY, Lawrence Vincent, Postman, Liverpool.
- MORRIS, William, Assistant Superintendent, Post Office, Llandudno and Colwyn Bay.