

- HARTIGAN, John William Charles, Postman, Higher Grade, London Postal Region.
- HARWOOD, Edwin George, Postman, Heyford Sub-Office, Oxford.
- HAWKINS, John, Senior Storeman, Storage Depot, Ministry of Supply, Woolwich Arsenal.
- HAWKINS, William, Technician, Class I, London Telecommunications Region.
- HEATH, Edith Eliza, Assistant Supervisor, Post Office, Gloucester.
- HEYHOE, Stephen George, Postman, Watton Sub-Office, Thetford.
- HIBBEN, John Albert, Skilled Labourer, H.M. Dockyard, Sheerness.
- HILL, Herbert Stephen, Overseer, London Postal Region.
- HILL, John, Technician, Class II (A), London Telecommunications Region.
- HOSKIN, Nellie Edith, Supervisor, Post Office, Birmingham.
- HOWARD, Archibald George, Skilled Labourer, H.M. Dockyard, Portsmouth.
- HOWARD, Henry, Crane Driver, War Office, Shoeburyness.
- HOWELL, Frank, Foreman, London Postal Region.
- HULL, Henry William, Postman, London Postal Region.
- HUNKIN, Edward Arnold, Shipwright, H.M. Dockyard, Devonport.
- HUNTER, Charles, Telephonist, Post Office, North and South Shields.
- HUTCHENS, Norah, Supervisor, Post Office, Truro.
- HUTCHINGS, Brunsdan, Skilled Labourer, H.M. Dockyard, Devonport.
- JACKMAN, Ernest, Skilled Labourer, H.M. Dockyard, Portsmouth.
- JARRETT, Ernest Charles, Shipwright, H.M. Dockyard, Chatham.
- JARVIS, Robert Ernest, Skilled Labourer, H.M. Dockyard, Chatham.
- JEFFERIES, Muriel Iris, Overseer, Post Office, Manchester.
- JEFFRIES, Leonard, Technician, Class II (A), London Telecommunications Region.
- JENKINS, Reginald Walter William, Leading Stoker, H.M. Dockyard, Devonport.
- JENNEY, Oswald, Technician, Class I, Nottingham Telephone Area.
- JESSOP, Morris, Postman, Higher Grade, London Postal Region.
- JOHNS, Hubert Cole, Shipwright, H.M. Dockyard, Portsmouth.
- JOHNSON, Alfred William, Postman, London Postal Region.
- JOHNSON, Daniel, Postman, Higher Grade, Birmingham.
- JOHNSON, William Charles, Chief Officer, Class I, H.M. Borstal Institution, Portland.
- JONES, Ernest, Skilled Labourer, H.M. Dockyard, Portsmouth.
- JONES, Joseph Wood, Postman, Birmingham.
- KENT, Herbert John, Overseer, Post Office, Brighton.
- KENTISH, John George, Overseer, London Postal Region.
- KERSHAW, Albert, Overseer, Post Office, Birmingham.
- KING, Courtney Randolph, Painter, H.M. Dockyard, Devonport.
- KIRWAN, John Bernard, Telephonist, Post Office, Manchester.
- KNAGGS, Albert Christopher, Postman, Thirsk.
- KNIGHT, George, Technician, Class I, Canterbury Telephone Area.
- LALIS, David John, Leading Lift Attendant, Ministry of Works.
- LANE, Charles Frederick, Postal and Telegraph Officer, Southampton.
- LANE, William Tunncliffe, Technician, Class I, Shrewsbury Telephone Area.
- LANSLEY, William Edward Huntingford, Messenger, H.M. Dockyard, Portsmouth.
- LARKINS, Charles John, Technician, Class II(B), Norwich Telephone Area.
- LAUNDRY, Arthur Horace, Skilled Labourer, H.M. Dockyard, Devonport.
- LAVIS, Frederick, Wireman, H.M. Dockyard, Devonport.
- LAWRENCE, Michael, Postman, Bradford.
- LEECE, Robert Henry, Postman, Liverpool.
- LEIGHTON, Carrie Lea, Chief Supervisor, Post Office, Liverpool.
- LEVY, Joseph, Postman, London Postal Region.
- LILLY, Lorna Maud, Overseer, Post Office, Norwich.
- LINTON, Robert, Sorting Clerk and Telegraphist, Edinburgh.
- LUNN, James Frederick, Postman, Spalding.
- MCCOMBIE, Annie Robertson, Overseer, Post Office, Aberdeen.
- MCCREE, John Alfred, Assistant Inspector, London Postal Region.
- MACKINTOSH, David Smith, Postman, Falkirk.
- MANNING, Edgar, Research and Experimental Mechanic, Royal Aircraft Establishment, Ministry of Supply, South Farnborough.
- MANSELL, William John, Postman, London Postal Region.
- MARTIN, George William, Overseer, London Postal Region.
- MARTYN, Edwin Charles Joseph, Postman, London Postal Region.
- MATTHEWS, Theophilus Edgar, Skilled Labourer, H.M. Dockyard, Devonport.
- MAYNARD, Joseph, Postman, Southend-on-Sea, Essex.
- MEECH, Fred, Skilled Labourer, H.M. Dockyard, Devonport.
- MEREDITH, William Herbert, A. M., Postman, Birmingham.
- MILES, Frederick Ernest, Head Gardener, Staff College, War Office, Camberley.
- MILLER, John Wilson, B.E.M., Inspector, Coventry Telephone Area.
- MILLER, Richard Thomas, Postman, London Postal Region.
- MITCHELL, George William, Skilled Labourer, H.M. Dockyard, Portsmouth.
- MITCHELL, Lily, Chief Supervisor, London Telecommunications Region.
- MOORE, Edward George, Postman, London Postal Region.
- MOREY, Charles William, Shipwright, H.M. Dockyard, Portsmouth.
- MORLEY, Albert, Technician, Class II(A), Leicester Telephone Area.
- MORRIS, Harold, Technician, Class II(A), London Telecommunications Region.
- MORRIS, William Philip, Inspector, London Telecommunications Region.
- MORRISON, Ernest Charles, Assistant Inspector, London Postal Region.
- MOTH, Ernest, Joiner, H.M. Dockyard, Portsmouth.
- MOULDER, Archibald George, Postal and Telegraph Officer, Stroud.