

- Holman, William, Overseer, London Postal Region.
- Holmes, Charles William, Sorter, London Postal Region.
- Hooper, Cecil Charles, Chief Inspector of Messengers, London Telecommunications Region.
- Horton, Joseph George, Overseer, Post Office Folkestone.
- Hosford, Henry Thomas, Coaling Master in Charge, H.M. Dockyard, Portsmouth.
- Hunt, Arthur Albert, Overseer, London Postal Region.
- Hunt, James, Sorter, London Postal Region.
- Hurst, John William, Assistant Inspector, Post Office, Manchester.
- Hutchinson, William, Fitter (Permanent Chageman), H.M. Dockyard, Portsmouth.
- Hutt, Mabel Fanny, Sorting Clerk and Telegraphist, Cambridge.
- Ide, Ernest Arthur, Driller, H.M. Dockyard, Portsmouth.
- Jackson, Bertram Jerram, Skilled Labourer (Machinist), H.M. Dockyard, Portsmouth.
- Jackson, James Alexander, Head Postman, Dungannon.
- Jago, William Henry, Acting Foreman of the Yard (Principal Overseer), H.M. Dockyard, Chatham.
- Jefferies, Edward, Postman, Minchinhampton Sub Office, Stroud.
- Jefferson, Frederick George, Head Postman, London Postal Region.
- Jenkins, Arthur Charles, Postman, Birmingham.
- Jermyn, Ernest, Electrical Fitter, H.M. Dockyard, Devonport.
- John, Ernest, Postman, Llantwit Major Sub Office, Barry.
- Johnson, Albert Edward, Overseer, London Postal Region.
- Johnson, Silas, Shipwright, H.M. Dockyard, Portsmouth.
- Jones, Arthur, Postman, Widnes and Runcorn.
- Joy, Edward Thomas, Postman, Paddock Wood Sub Office, Tonbridge.
- Judge, Frederick James, Postman, Benenden Sub Office, Tonbridge.
- Kearin, William Henry George, Sorter, London Postal Region.
- Kennard, John Henry, Postman, London Postal Region.
- Kerr, George James, Sorting Clerk and Telegraphist, Belfast.
- Keys, William, Skilled Workman, Class II, Brighton Telephone Area, Brighton.
- Keyte, Frederick Charles, Skilled Workman, Class II, London Telecommunications Region.
- Kilby, Frederick George, Postman, Stevenage Sub Office, Hitchin and Letchworth.
- King, Albert Samuel, Assistant Superintendent, London Postal Region.
- King, Frederick, Engine Fitter (Chageman), H.M. Dockyard, Portsmouth.
- Kirkbride, Ella, Supervisor, Post Office, Liverpool.
- Knott, Arthur Henry, Postman, Ilminster Sub Office, Taunton.
- Kruger, Charles, Sorter, London Postal Region.
- Lavender, Charles Henry Foot, Engine Fitter (Confirmed Recorder), H.M. Dockyard, Portsmouth.
- Lasseter, Samuel, Skilled Labourer (Slinger), H.M. Dockyard, Portsmouth.
- Lead, Oswald, Sorting Clerk and Telegraphist, Stoke-on-Trent.
- Leighton, Joseph Hartley, Shipwright, H.M. Dockyard, Portsmouth.
- Leonard, Hugh, Preventive Officer, London Waterguard Division, Customs and Excise.
- Letheren, William Robert, Telegraphist, London Telecommunications Region.
- Levitt, William, Third Class Superintendent of Stamping, Board of Inland Revenue.
- Lewis, Albert Joseph, Overseer, Post Office, Swindon.
- Liddle, Allan John, Assistant Superintendent, Regional Director's Office, London Postal Region.
- Little, Edward Thomas, Postman, Nambourn Sub Office, Newbury.
- Llewellyn, George, Skilled Workman, Class I, Cardiff Telephone Area, Cardiff.
- Lodge, Frank, Skilled Workman, Class I, Scotland West Telephone Area, Glasgow.
- Luke, John, Postman, Paisley.
- Macbeth, Florence, Telephonist, Post Office, Manchester.
- McClelland, Gabriel, Skilled Workman, Class I, Glasgow Telephone Area, Glasgow.
- McCristall, Norah Josephine Annie, Sorting Clerk and Telegraphist, Monument Road Sub Office, Birmingham.
- Maddougall, Duncan, Sorting Clerk and Telegraphist, Glasgow.
- McIndoe, Jessie Elizabeth, Assistant Supervisor, Post Office, Glasgow.
- McNally, Michael, Postman, London Postal Region.
- McNamara, Hugh Joseph, Inspector, Scotland West Telephone Area, Glasgow.
- Macpherson, Duncan, Sorting Clerk and Telegraphist, Glasgow.
- McRae, Angus, Postman, Beith Sub Office, Paisley.
- Maloney, Matthew, Skilled Workman, Class I, Manchester Telephone Area, Manchester.
- Mamo, Salvatore, Fitter, Engineering Department, H.M. Dockyard, Malta.
- Marshall, William, Postman, Oldham.
- Marson, Horace Augustus, Inspector, London Telecommunications Region.
- Martin, Eleanor Fanny Mary, Assistant Supervisor, London Postal Region.
- Matthews, Henry William, Assistant Superintendent, London Postal Region.
- Meads, Henry, Driller, H.M. Dockyard, Portsmouth.
- Meston, Charles, Overseer, Post Office, Aberdeen.
- Mewett, Arthur Albert, Postman, Eastbourne.
- Michell, Samuel Dymond, Boilermaker, H.M. Dockyard, Devonport.
- Millar, Nicholas William Stanley, Assistant Superintendent, Post Office, Liverpool.
- Millard, Reginald Charles, Shipwright, H.M. Dockyard, Chatham.
- Miller, George Thomas Rix, Postman, Rochester and Chatham.
- Mills, Ernest George, Chief Inspector, Coventry Telephone Area, Northampton.
- Moir, Ernest Franklin, Sorting Clerk and Telegraphist, Liverpool.
- Moore, Isaac Jackson, Postman, Temple Sowerby Sub Office, Penrith.
- Morgan, Peter, Postman, Inverurie Sub Office, Aberdeen.
- Morgan, William, Postman, Cardiff.
- Mortimer, Arthur Edward, Foreman of Storehouses, Royal Naval Armament Depot, Plymouth.