

within twenty-four hours to the President of the Board of Health, at the office of the Board of Health, all cases within their cognizance of Asiatic cholera, yellow fever, remittent and congestive malarial fevers, typhus or ship fever, scarlet fever, small pox, varioloid, measles, diphtheria, plague, leprosy, or any other case that may at any time be specified by the Board of Health, and in default or failure to so report such cases, such person so failing or in default shall be liable to a fine not to exceed fifty dollars; provided, however, that said Board may declare it unnecessary to report further cases when any disease shall have been pronounced epidemic.

III. Whenever it shall be deemed necessary to prevent the introduction and spread of contagious and infectious diseases, every vessel or water-craft, arriving from a foreign port, shall be visited by the President of the Board of Health, or his deputy inspectors, between sunrise and sunset, as soon as possible after such arrival; and the President or his deputy inspectors shall examine the bill of health, and inspect the ship or vessel, and require of the captain or master answers in duplicate to the following questions:—

Date of Inspection, New Orleans, 188 .

1. Name of vessel?
  2. Name of captain or master?
  3. Tonnage or class of vessel?
  4. From whence is the vessel your command?
  5. How many days have you been on the passage?
  6. At what port or ports have you touched?
  7. Were any contagious or infectious diseases prevailing at the port from whence your vessel sailed?
  8. If so, name the diseases.
  9. Were any contagious or infectious diseases prevailing at the port or ports at which you touched?
  10. If so, name the diseases.
  11. Was any freight or passengers received at the ports at which your vessel touched?
  12. If so, give particulars.
  13. Have you any bills of health?
  14. If so, produce them.
  15. During the course of your cruise or passage, what cases of disease have occurred on board?
  16. At what dates?
  17. Have any deaths taken place on board your vessel since you left the last port?
  18. If so, at what dates and from what causes?
  19. Are there any sick on your vessel at this time?
  20. Has yellow fever, small pox, cholera, or plague ever existed on this ship?
  21. If so, when?
  22. What is the number of officers?
  23. What is the number of the crew?
  24. What is the number of passengers?
  25. What is your cargo?
  26. To whom is the cargo consigned?
  27. What is the present sanitary condition of the vessel, cargo, crew, and passengers?
  28. Have you a Medical Officer?
  29. Give the name of the Medical Officer.
  30. Produce the Reports of the Medical Officer.
- Signature of Master or Captain,  
Subscribed to before me, an officer,  
Witness:

Official Title:

Sanitary Rules recommended by the Board of Health of the State of Louisiana, to be observed by vessels during their stay in the Port of New

Orleans; and in other ports, and on their passage to and from New Orleans:—

(a.) Each ocean going steamship or sailing vessel should be provided with a competent medical officer versed in the sanitation and hygiene of ships sailing in tropical and semi-tropical waters.

(b.) Physicians attached to ships, steamships, or vessels of any description should be considered as the health officers, and should be charged with the duty of watching their sanitary condition, and with the conduct of those operations which will promote in the highest degree the health of the officers, crew, and passengers, and prevent as far as possible the introduction of contagious and infectious diseases.

(c.) As far as possible, the commerce of New Orleans, with insular, tropical, and sub-tropical America should be conducted by *acclimated* officers and crews. By the term *acclimated*, is understood those who have suffered at some period of their lives with yellow fever.

(d.) The attention of the captain, master, or medical officer shall at all times and under all circumstances be directed to the personal cleanliness of the crew, and to their food and drinking water.

(e.) None of the crew should be allowed to sleep on shore at night, or on deck, unless protected by an awning.

(f.) When in tropical and semi-tropical ports, the officers and men should hold as little intercourse with the shore as possible.

(g.) Unless when engaged in the reception or discharge of cargo, vessels should lie in the harbour as far as practicable from the shore.

(h.) Earth, sand, or soft porous rock should not be used as ballast. As far as practicable the ballast should consist of hard rock, iron, or other metals.

(i.) All vessels loading or unloading should pump out the bilge water and wash out with fresh water, until the bilge water shall be odourless. Then a solution of one part of carbolic acid (Calvert's No. V) to fifty parts of water, or the following compound should be introduced and allowed to remain:

Sulphate of iron (copperas) sixty pounds.  
Carbolic acid (Calvert's No. V) two gallons.  
Water, sixty gallons.

Every five days on the passage undiluted carbolic acid should be poured down the pump or sounding tube, and the entire hold and between decks sprinkled with one part carbolic acid (Calvert's No. V) to fifty parts of water.

When practicable it is especially recommended that the hold should be fumigated with sulphurous acid gas, or chlorine gas.

As far as practicable the hatches should be kept open, both while in port or at sea, and the largest possible amount of fresh air be introduced between and below decks, by the use of wind sails and ventilators. White-washing of the unpainted wood-work below and between decks is recommended.

(j.) At the close of each day, while in tropical and sub-tropical ports, all the crew should wash their entire persons, leaving off all the clothing worn that day (for washing), and dress in clean flannels and clothing throughout.

As soon as the weather will permit after leaving port, all mattresses, bedding, and similar material should be got up on deck and sunned and aired for several hours, this to be repeated every two or five days during the passage, if the weather permits.

(k.) All baggage and clothing of passengers should be exposed to the air, and disinfected or